



THE HEALTH FOUNDATION

Striving For A Healthier Pakistan



Annual Report 2014



Awareness
Prevention
Collaboration
Treatment

Annual Report 2014

Fight **Hepatitis** Save **Pakistan**

Today, estimated every
12th Pakistani is affected with
Hepatitis B or C

18 million Hepatitis patients in Pakistan.

Every 30 seconds, one person dies from
Hepatitis in the Asia Pacific region.



"Help us Help you !!!"

About THF®—The Health Foundation

The Health Foundation (THF) is a non-profit public service organization registered under Section 42 of the Companies Ordinance 1984. It is a group of like minded individuals who have joined hands to bring about change in the lives of the poor and marginalized. The initial focus of THF is on Hepatitis B and Hepatitis C. One of our immediate goals is to educate the general public regarding the manifestations of Hepatitis B & C and their mode of acquisition, transmission and prevention. THF also provides free treatment to those suffering from these infections, but cannot afford the cost of treatment. Since there is a vaccine available for protection against Hepatitis B, THF is pursuing an immunization program in this regard.

Striving For A Healthier Pakistan



**THE
HEALTH
FOUNDATION**

Chairman's Message

Mr. Saeed Allawala

The Health foundation (THF) is now recognized as a strong force in our society striving hard to minimize Hepatitis B/C, especially those belonging to the less privileged strata.



An estimated 18 million Pakistani population is infected with Hepatitis B and C virus including nearly 7 million infected with HBV (Hepatitis B) and 11 million HCV (Hepatitis C), while the disease is constantly swelling. The prevalence of Hepatitis C in Pakistan is the second highest in the world.

On an average, as many as 150,000 deaths per year can be attributed with Hepatitis B and C mainly because of Cirrhosis and Liver cancer, while 150 million people are chronically infected with Hepatitis C virus in the world, but only 5% of them know it. This situation must change.

The menace of Hepatitis B/C is increasing in threatening proportions in Pakistan. We, at THF are trying hard to propagate Awareness program about Hepatitis B and C in the general public. Though, this is a Herculean task, but we feel ourselves obliged to act beyond our means to reduce the severity of the Hepatitis threat in our country.

The treatment of Hepatitis is a long term and expensive process. Considerable support is required from Civil society as due to enormity of the problem, the Government alone cannot be expected to control the spread of infection.

THF is making its humble contribution towards alleviating the sufferings of Hepatitis patients and some achievements are summarized below :

- ◆ To date more than 223,074 children protected through vaccination support of THF.
- ◆ More than 540,000 people have been made aware about mode of transmission and ways to protect themselves against Hepatitis B and C.
- ◆ To date 1472 lives (who were diagnosed for Hepatitis B or C) have been saved by providing them treatment for both Hepatitis B and C by THF.
- ◆ After the success of the pilot of Sharp Waste Management Project in JPMC, it has been replicated to 10 Health facilities and is being constantly monitored.
- ◆ Malir project initiated in January 2014 and Sanghar in August 2014.

Given our noble intentions and sincere desire to restore health and vigor, by the grace of Allah, to the people of Pakistan, there is no doubt in my mind that we will succeed in our mission.

I speak from my heart and pray Allah to guide us and make the resources available to successfully implement our plans to reach vast segment of the society and accomplish the noble cause of lessening the hazards of Hepatitis in Pakistan, Ameen.

Contents

Overview

◆ What is the The Health Foundation (THF)	01
◆ Board Members	01
◆ Messages from the board members	02
◆ Mission	03
◆ Vision	03
◆ Executive Summary	03
◆ The Project Objective (Vaccination, Mass Awareness, Infection/Prevention)	04
◆ Current Geographical Intervention Areas	05

Programs - Key Focus areas

◆ Capacity Development- Trainings	05
◆ Protection and prevention-Vaccinations with progress	06-08
◆ Awareness with progress	09
◆ Infection Prevention/Injection Safety- Sharp Waste Management project with progress	10-11
◆ Protecting newborns- Provision of HBIG for neonates born to Hep B positive mothers	12
◆ Treatment	12
◆ THF's Adopt a patient initiative	13
◆ World Hepatitis Day 2014	14

Partnerships

◆ Expanding the Hepatitis Free Advocacy network	15
◆ Message from Partners	16

Way Forward

◆ Lesson learn	17
◆ Best practices	17
◆ Recommendation	18
◆ Expansion of the HFCEP	18

Financials

◆ Auditors report	20-21
◆ Balance Sheet	22
◆ Income and Expenditure Account	23
◆ State of Comprehensive Income	24
◆ Cash Flow Statement	25
◆ Statement of Changes	26
◆ Notes to the Financial Statements	27-33

Overview

What is The Health Foundation?

The Health Foundation (**THF**) is a non-profit public service organization registered under section 42 of the companies' ordinance 1984. THF is a group of like-minded individuals who are concerned about the general health of those people who subsist on a very limited income in Pakistan. This group is made up of successful entrepreneurs, experienced physicians of repute, media and advertising personnel, and social workers. Each of them brings social consciousness and a wealth of experience in their respective fields. By working together on the same platform, this group brings a certain dynamic to the task at hand.

Chairman

Mr. Saeed Allawala

Executive Director

Dr Laila Rizvi

Project Manager

Dr. Muhammad Kashif Riaz

Board Members

Dr. Saad Khalid Niaz
Dr. Naseem Iftexhar Salahuddin
Dr. Huma Qureshi
Mrs. Qudsia Akbar
Mr. Abdul Latif Sheikh
Dr. Arshad Kamal Butt
Dr. Suhail Nawab
Mr. Tariq Rafi
Mr. Rashid Abdulla
Mr. Masood Hashmi

Mrs. Gule Rana Saeed
Mr. Ahsan M. Saleem
Ms. Raana Syed
Mr. Sarmad Ali
Mr. Abrar Hasan
Mr. Talib Karim
Dr. Yahya Chawla
Mr. Adnan Sarfraz

Messages from the Board Member



Mr. Abrar Hasan (C.E.O – National Foods Limited)

"We at National Foods, seek to make a positive impact on our society through our collaboration with The Health Foundation. Special emphasis is on promoting Health, Nutrition and Well Being of our people and the communities we call home."



Mr. Adnan A. Sarfraz (C.E.O – A & A Services (Private) Limited)

"It is a pleasure to be a part of the THF team. The THF team is doing a superb job in supporting control of Hepatitis in Pakistan. This is desperately needed and unmatched by any other organization. I look forward to THF's cause and finally ridding our nation from this deadly disease."



Dr. Huma Qureshi (Executive Director – Pakistan Medical Research Council)

"What motivates me to continue my support to THF is the research and evidence based work on preventing hepatitis in high risk districts and the free support of diagnosis and treatment apart from facilitating huge prevention through HBV vaccination"



Mr. Masood Hashmi (C.E.O – Orient Communications, an affiliate company of McCann World group)

I will continue to support and participate in my humble capacity to promote the causes of The Health Foundation. We are all motivated as it reaches primarily to the people who are living below the poverty line."



Mr. Tariq Rafi (C.E.O – Siddiqsons Limited)

"I will continue to support the Health Foundation because of the exceptional work they are doing in helping patients and their families deal with Hepatitis B and C. They have excelled at not only providing funding for the treatment of non affording patients, but also have created awareness amongst the Pakistani"

THF Mission

The Health Foundation aims to create awareness and promote management of various diseases in the general public, with an initial focus on Hepatitis.

THF Vision

- A.** Changing the outlook of the general population with awareness programs through developing output based awareness strategy and comprehensive awareness campaign/ Projects.
- B.** Facilitating preventive health action programs by promoting informed decisions about seeking health system support for management and interventions through School based Health programs and through community mobilization.
- C.** Collaborating with Public and Private Enterprises in Hepatitis B vaccination and immunization services delivery, since vaccination against vaccine-preventable diseases is essential to reaching the Millennium Development Goals. THF shares the vision of WHO on immunization which is regarded as the most cost effective strategy to ensure global health security and for responding to the threat of emerging infections such as Hepatitis B, since morbidity and mortality from Hepatitis B can be prevented through vaccination.
- D.** Treatment and Rehabilitation of referred non affording, poor patients (Registration or Inclusion of patients on the preformed criteria already sent to Hepatitis centers and specialists, for heavily subsidized Interferon therapy together with adjuvant Ribavarin Tabs).

Executive Summary

The Hepatitis Free Community Project (HFCCP) is a hallmark venture of THF. In spite of being an organization with limited resources THF managed to acquire a noted place in the GAVI Alliance as an innovative and objectively focused CSO. This project is also supported by the Ministry of Health, Govt. of Sindh through its various departments like EPI. Chief Minister's Initiative for Hepatitis Control , Lady Health Worker (LHW) program and Maternal, Neonatal and Child health (MNCH).



The project objectives

□ Vaccination

1. Formulate effective and sustainable strategies for reaching our immunization coverage goals.
2. New approaches to strengthening routine immunization service in selected geographical areas
3. Replicate successful approaches in other areas of Pakistan
4. Increase Routine Immunization coverage percentage.-Promote vaccination in hard to reach areas and reach the unreached.
5. Community mobilization and to increase awareness among the masses for routine and catch up vaccination.

This prevents millions of deaths worldwide and contributes to the achievement of the MDG for child health; a two-thirds reduction in the number of deaths in the under-fives by 2015.

THF thus aims to invest in social change and help alleviate the sufferings related to preventable diseases in destitute communities in Pakistan. Through this most successful and cost-effective public health intervention THF will be able to immunize thousands of missed children of 5-15 years of age. Immunization not only protects children from vaccine preventable diseases, it also serves as a means to propagate healthy lifestyle practices across the community.

□ Mass awareness leading to behavior change

THF is also creating awareness regarding Hepatitis B and Hepatitis C among the masses. Awareness for target groups at all levels is being done which includes community, students, teachers, religious leaders, health care providers, doctors and nurses.

□ Infection prevention/Injection Safety

One of the main objective that THF has taken is to overcome the spread of infection. For this purpose THF is practicing and training health care providers, clinics and medical centers to promote safe injection practices by introducing a WHO approved custom made needle cutter. This will decrease the risk of cross contamination as well as reduce the risk of needle stick injury for health care providers, doctors and nurses.



Current Geographical Intervention Areas

1. Korangi town Karachi – 9 Union councils plus 1 cantonment area targeting 34,000 children per year.
2. Malir town Karachi- 3 high risk Union councils targeting 37,000 children per year.



Programs - Key Focus Areas

Capacity Development- Trainings

24 training held (June 2013-July 2014)

Data Entry	01 Session
Monitoring & Supervision	01 Session
Safe Sharp Waste Management	11 Sessions
IPC	03 Sessions
Micro planning	07 Sessions
Field survey	01 Session



Protection and prevention –Vaccinations

Catch Up Vaccination program for school children between 5-15 years of age:

Social mobilization and capacity-building for immunization in Korangi & Malir Town of Karachi region is being done for the underprivileged and marginalized population. This catch-up immunization raised awareness within the community and generated demand for further immunization in other schools/madrassa and within the community.

Major Breakthrough for THF were:

- i) Requests from madrassas (religious schools) for vaccination. To comply to the community's wishes and promotion of positive change, 30,000 children in madrassa's were provided with 3 doses of Hep B.
- ii) Collaboration with the Lady Health Worker program. The LHW's were used to identify and support vaccination of children in their catchment area who had missed their Hepatitis B vaccine in the normal routine immunization program.

To date **223,074** children protected through vaccination support of THF.

Vaccination Progress

a) Korangi Vaccination	1 st Dose	2 nd Dose	3 rd Dose
Total	14,323	11,644	11,829

*82% children have been fully immunized against Hepatitis B in the current financial year.

b) Malir Vaccination	1 st Dose	2 nd Dose	3 rd Dose
Total	6,546	5,818	*

*Due

70 % children given 1st dose and 62 % given 2nd dose
Vaccination activity initiated in march 2014.



c) Corporate / Other Vaccinations

Target = 2000 person/year

As of present data 1864(93%) staff member of various corporations have been given 1st dose while 1813 have been administered 2nd dose of Hepatitis B vaccine. 3rds given are 1424 as some are pending and will be administered as per schedule.

Name of corporation / other	Doses Given		
	1st	2nd	3rd
P&G (Head Office)	58	58	58
P&G Company	48	48	48
P&G (Port Qasim)	64	64	*
Artistic Garments Industry	162	158	148
Behbood School	633	594	487
Kiran Public School	50	50	50
Garage Public School	301	301	299
Help Center (P&G School)	56	56	32
Southern Sui Gas Company	195	195	152
Rotary Club	28	28	19
Cantonment Board Korangi	95	95	*
Crescent Mills	140	132	131
Aman Ghar (Khuda Ki Basti)	34	34	*
Total	1,864	1,813	1,424

*Due



d) High Risk Group Vaccination:
Target = 2000 high risk individuals vaccinated

A key neglected area is the high risk groups (doctors/nurses/health care workers) who are at highest risk for acquiring Hepatitis B & C and passing on the disease to other.

In this financial year 2,545 (**118 %**) high risk individuals have been given first doses while 2,328 (**108%**) have received the second doses. Third doses of many of these individuals are pending and will be administered in the coming months.

Name of High Risk Group	Doses Given		
	1st	2nd	3rd
Patel Hospital Staff	473	378	266
Chiniot Hospital Staff	253	194	194
Aga Khan University Field Staff	298	298	298
Help Center Field Staff (Khuda Ki Basti)	106	106	105
Help Center Staff (Neelam Colony)	132	132	131
Public Health School Staff	128	128	128
Jamkanda Midwifery School Staff/students	41	41	*
Al Hamra Medical Staff	29	28	*
Indus Hospital Nursing School Staff	98	98	*
LRBT Staff at Korangi 2 ½	146	116	*
Amaan Health Community Staff	58	58	*
Amaan Health Community Staff	159	159	*
Lady Duffrin Hospital Staff	327	327	*
Gizri Maternity Home Staff	97	97	*
Jinnah Medical & Detal Hospital	200	168	168
Total	2,545	2,328	1,290

*Due



•Awareness/Social Mobilization

THF has formulated a comprehensive Communication strategy for community sensitization with focus on behavior change. Advocacy with policy makers, social mobilization of key target groups and behavior change communication at community level is an integral part of THF work.

Sessions for different target groups are being held at all levels. Groups include students, teachers, parents, health care providers (medics/Para medics, doctors, nurses, and janitorial staff), barbers, beauticians and field staff of other CSO's. Different targeted power point presentation for each target groups are used for facilitation. These sessions are documented on already prepared formats and reports shared with the head office on monthly basis.

Door to door Interpersonal Communication sessions - held by THF field staff. These sessions were very well received by the community and people are seen to give ample time to hear what the team have to say regarding Hepatitis B & C.

Seminars for doctors/students - held in collaboration with Pakistan Medical Association where the students and doctors were informed about the scope of work that THF is doing against Hepatitis B & C.
Specific Awareness sessions - held in maddersas / religious leaders.

Mass media campaign- involving social clubs, TVCs, public service messages through leaflets and ads on utility bills, Radio channels branding, info ads through e-mails & social media (FB).

Upgrading of THF website
www.thehealthfoundation.org



Achievement

Social Mobilization Sessions	Category of Participants	Total Sessions	People Reached
Behavior Change Communication sessions	Doctors, Nurses and Medical Students	43	1,385
Behavior Change Communication sessions	School teachers & community	20	600
Behavior Change Communication seminar in collaboration with Chief Minister Hepatitis Control Program	Beauticians	1	600
Seminars in collaboration with Pakistan Medical Association	Students	2	330
Awareness sessions in schools / maddersas	Students / Religious leaders	84	2,245
	Total	210	9,330

Community Based Sessions:	Category of Participants	Total Sessions	People Reached
Door to Door	Community	1,989	12,431

People were sensitized regarding modes via which Hepatitis B and C can be acquired and how to protect themselves from getting infected.

Infection Prevention/Injection Safety- Safe Sharp Waste Management initiative

One of our biggest achievement in 2013 was the publication of the pilot project - "Innovative solution to sharp waste management in a tertiary care hospital in Karachi, Pakistan". This article was published in "Infection Control and Hospital Epidemiology, University of Chicago" in their December 2013 issue.



Now the pilot project is being replicated in Korangi Town. 1 clinic or health care facility has been selected per UC's for implementing the Safe Sharp Waste Management activity.

The staff of each facility was trained by the project manager on the use for the needle cutter and how to safely dispose the cut needles. After training these 10 facilities were equipped with needle cutters along with a drum for disposal of cut needles. Each facility is being monitored thrice a month using standard monitoring form. The report is shared with the head office on monthly basis.



Achievement

(Report from Jan 2014 to July 2014)

Indicator	Situation analysis December 2013	Current Situation July 2014
Needle Remover Device Accessible To All	6%	91.20%
Needle Remover Device Working Well	7%	99.80%
Needle Container being Were Emptied	10%	96.10%
Who Empties The Needle Container (Dispenser)	17%	100%
Where Are The Needles Emptied (Drum)	15%	99.00%
Cleaning The Needle Container	2%	92.20%
Thing Used For Cleaning The Needle Container:		
• (Bleach)	0%	2.90%
• (Water)	62%	88.20%
Oiling The Needle Remover	2%	82.40%

Monitoring Form
THE HEALTH FOUNDATION
Sharp waste management project

11	11	Needle
12	12	Needle remover
13	13	Needle remover
14	14	Needle
15	15	Needle
16	16	Needle
17	17	Needle
18	18	Needle



Protecting newborn- Provision of HBIG for neonates born to Hepatitis B positive mothers

Methodology:

Hepatitis B Positive mothers referred to PMRC which are shared with the THF head office and a request for provision of HBIG and Hepatitis B vaccine is requested. Counseling of the mother is done by the PMRC staff while the service delivery is THF's responsibility. Those mothers who came out to be positive are also referred to Gastroenterologists through an existing network of THF volunteer physicians.

Achievement:

To date 137 neonates born to HBsAg positive mothers have been provided the opportunity of preventing vertical transmission of the disease to their neonate with HBIG and Hepatitis B vaccine administration just after delivery.

Community awareness for getting their newborns vaccinated increased. The danger of acquiring Hepatitis B by the neonate from the infected mother was alleviated and the infant was made Hepatitis B free immediately after birth. The enrolment activity with a consolidated tracking system helped develop a sense of responsibility and care of the mother and child in the family members.

Outcome:

After getting screened those turning out to be positive were registered for HBIG administration of their neonates. Once the neonate was vaccinated the family was very contented and appreciative of the program through which not only were they guided to the administration of HBIG but also provided this expensive vaccine free of cost. Once the infant is Hepatitis free the risk of further transmission and spread to other individuals from a potential carrier is avoided.

Treatment

THF is also providing free treatment for both Hepatitis B and Hepatitis C positive patients. These patients are referred to THF by different specialists particularly Gastroenterologists. After filling a form and assessing the socio economic status of the individual to check if they meet our selection criteria these patients are registered at THF. After registration these patients are dispensed requisite medication on monthly basis. The patients have to return empty vials and empty blister packets before getting the next month regime.



Total registered patients at THF

Time period	Hepatitis B	Hepatitis C
Prior to June 2013	209	1,305
July 2013-June 2014	82	830
TOTAL	291	2,135

To cater to the large number of people and to facilitate access to these patients THF currently has 3 outlets. One is in (PMRC) JPMC, one at Indus Hospital and the third one is at THF's head office.

THF's "Adopt a Patient" initiative

As of 2013 THF started its "Adopt a Patient" initiative for the poorest of the poor. Apart from the actual treatment, free transport to and from the hospital, checkups by a Gastroenterologist, procedures like endoscopies/bandings and cost of mandatory laboratory tests are fully being supported by THF.

To date THF has supported:

Total HCVRNA (PCR) Test supported for patients	Endoscopy and Banding supported for patients	Total patients adopted (free treatment/tests/checkup/travel)
147	12	67

Total cost incurred:

Test done between July 2013-June 2014	Total cost in Rs.
147 HCVRNA (PCR) Tests	264,600
12 Endoscopies and Bandings	48,000
67 Adopt a patient	148,190
TOTAL	460,790

All treatment is Free of Cost



World Hepatitis Day 2014

Every year 28th July is celebrated as the World Hepatitis Day (WHD). This day has also been endorsed by World Hepatitis Alliance (WHA) and is celebrated annually around the globe. The Health Foundation is a proud member of the WHA. The WHD is used to create awareness about Hepatitis B and C among the masses via interpersonal communication (IPC) and multiple awareness programs.

A walk was arranged by THF's Malir office. The participants of the walk were Govt. officials, LHW's, field staff of Korangi and Malir offices and local community members. About 100 people participated in this walk to enforce the importance of the World Hepatitis Day.

Similarly in Korangi field office an awareness session was arranged by the field coordinator. The session was held at Madarsa Darul Uloom Usmania in UC 3 of Korangi. The participants were made aware about the modes via which they can get infected by Hepatitis B and Hepatitis C and also by what precautions they can protect themselves from getting infected with this deadly disease. About 50 religious scholars and students attended the session.

Apart from these activities a full day branding was also done on Radio Channel FM 107 (Apna Karachi). 3 messages per hour promoting awareness against Hepatitis B and Hepatitis C were aired. A live interview was also conducted on FM 107 where Dr. Huma Qureshi represented THF and its scope of work being done against Hepatitis B and Hepatitis C in Pakistan.



Partnerships

Expanding the Hepatitis Free Advocacy Network

FRIENDS OF THF

Bank Alfalah
Dr. Naseem Salahuddin & Dr. Iftikhar
Dr. Saad Khalid Naz
Dr. Seema Yazdani
Dr. Sohail Nawab
English Biscuits
Engro Foundation
Hilton Pharma
Indus Pencil Industries
Mr. Ahmed Tabba from Lucky Textile
Mr. Ahsan Salim
Mr. Akhtar Saeed
Mr. Ali Gheewala
Mr. Amjad Rajput
Mr. Anees Ahmed
Mr. Asad Umar
Mr. Danish Habib from HSM Packages
Mr. Iqbal Hasan from Tauheed Trust
Mr. Jalil ur Rehman
Mr. Khalid Chawala
Mr. Khalid Habib
Mr. Abdul Latif Skeikh

Mr. Mohd Parekh MCM Advertising
Mr. Naseem Allawala
Mr. Nasir Ahmed
Mr. Peer Muhammad Diwan
Mr. Pervaiz Ahmed
Mr. S M Salahuddin
Mr. Saeed Allawala
Mr. Sajid Ahmed Rashdi
Mr. Tariq Rafi
Mr. Zafar Sultan
Mr. Yahya Chawla
Mrs. Ahmed Ismail
Mrs. Asifa Anees
Mrs. Fareeda Kalim
Mrs. Naeema Malik
Mrs. Nasreen Jawaid
Mrs. Naushaba Khalil Sattar
Mrs. Usman Allawala
Ms. Naheed Sattar
Mrs. Zehra Rizvi
OAKS (Old Associates of Kinnaird Students)
Standard Chartered

FRIENDS OF THF



Messages from Partners

Dr. Zahoor Baloch (Program Manager – Chief Minister's Hepatitis Control Program)

I am thankful to The Health Foundation for collaborating with us; the Chief Minister's Hepatitis Control Program for Sindh in reaching the unreached via vaccination and treatment. Thank you for strengthening and supporting our program.

Dr. Mazhar Nizam (Medical Director – Patel Hospital)

“We truly appreciate The Health Foundation for their sincere efforts in combating disease like Hepatitis and would like to thank them for extending their support in vaccinating our employees and nursing students. We absolutely admire their drive for healthier Pakistan and wish them success in their noble endeavors”.

Mrs. Sabina Khatri (Director – Kiran school)

I'm truly thankful to the entire team of The Health Foundation for conducting this activity at our school located in the most deserted area of Liyari with love & care. The devotion your entire teams have shown by giving an healthy opportunity to the kids of Liyari has set a remarkable example towards the community service.

Once again THANKYOU.

Mr. Syed Abbas Raza (C.F.O – Procter & Gamble Co.)

“The Hepatitis B vaccination drive is a great initiative by The Health Foundation to eradicate a deadly disease from our country. We at P&G were lucky to be a part of this campaign conducted by a very professional team from THF. A large number of employees and their families not only got themselves vaccinated but were also educated on the disease and prevention.”

Mrs. Shabina Mustafa (Founder – The Garage School)

The health foundation is doing a great job and we are very thankful to them for the same.



Way Forward

Lessons Learned

- a. **Ensuring partnerships and agreements with relevant Government departments (Health and Education)** - Ensuring liaison with government authorities at all levels especially at the provincial and district level has proved to facilitate ownership and reduces risk of negative interference during field work. This will also play a vital role as part of the exit strategy as well as to ensure continuation of relevant services to the community once project period is over.
- b. **CSO-CSO/CBO networking**- Mapping and coordination with the local NGOs/CSO/ CBO also gives added value to the services. Each CSO is seen to have specific expertise which compliments field work and also enhances community acceptance.
- c. **Enhancing Right holders' awareness and sensitization**- A series of awareness activities and programs planned prior to vaccination activity in the community are seen to enhance the demand for vaccination as well as decreasing dropout rates.

Best Practices

- ◆ Revisiting schools/madrassas to get better third dose coverage
- ◆ Well defined Project objectives and goals
- ◆ Well defined Deliverables
- ◆ Tracking and Reporting Project Progress
- ◆ Regular report sharing with all relevant partners
- ◆ Injection safety and biological waste disposal practices adopted during the project by the THF team.
- ◆ Stringent Monitoring and Implementation mechanisms with regular field visits from Head office.
- ◆ Capacity building of project teams and ensuring good quality of training all technical field staff.
- ◆ Introduction of Safe Sharp Waste Management.

Recommendations

More efforts should be made to integrate the services of LHW, MNCH and Hepatitis Control Programs for efficient delivery of HBIG and Hepatitis B vaccines to the neonates born to Hepatitis B positive mothers within 24 hours of birth

Awareness about the sterilization requirements for procedures of Hepatitis B and C patients is needed at the level of Gyn/Obs consultants and Management/Administration of birthing centers. As majority of the birthing centers either refers the patient to another tertiary care hospital or have separate operation theaters or delivery sets for their Hepatitis B/C positive patients.

Centralized and integrated data needs to be developed for immunization records. Access to this kind of data should be available for public and private partners who are involved in mass immunization activities. We would want our young beneficiaries vaccinated against Hepatitis B to have access to their vaccination records if need be, later in life.

CSOs are emerging as strong arms for delivering efficiently and transparently the health services across the country in hard to reach areas/uncovered population. Our public partners need to realize and streamline the potential of this work force.

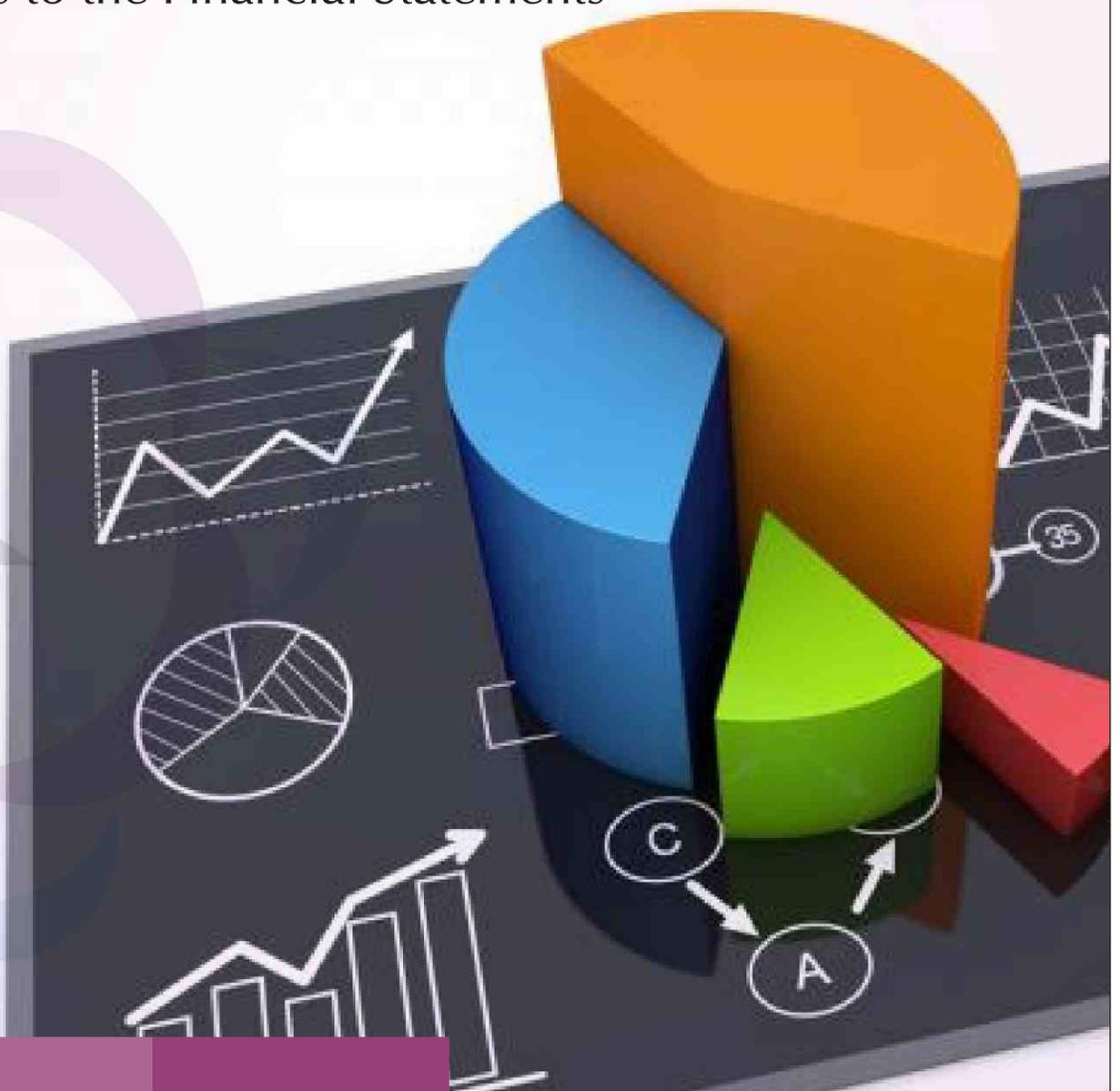
Expansion of the HFCP

Sanghar: HFCP has been initiated in one high risk Union Council, Kandiyari, from August 2014.

Lahore: After the success of our project “Sharp Waste Management” piloted in JPMC, Karachi it is being replicated and upscaled in other settings, hospitals. This initiative will soon be starting in selected wards of Sir Ganga Ram Hospital, Lahore. Replication of the HFCP in Lahore is also being explored. Initiation of planned activities is expected by first quarter of 2015.

Financials

- ◆ Auditors report
- ◆ Balance Sheet
- ◆ Income and Expenditure Account
- ◆ State of Comprehensive Income
- ◆ Cash Flow Statement
- ◆ Statement of Changes
- ◆ Notes to the Financial Statements



THE HEALTH FOUNDATION

Financial Statements
For the Year Ended June 30, 2014

JALIS AHMAD & CO.
CHARTERED ACCOUNTANTS
121, CLIFTON CENTRE,
BLOCK-5, MAIN CLIFTON ROAD,
KARACHI
PHONE: 35873934, 35374125-6
FAX: 35873891
E-mail: jalisco121@hotmail.com

JALIS AHMAD & CO.
CHARTERED ACCOUNTANTS

PHONE: 35873934, 3537 41 25-26

Fax: (92-21) 35873891

Grams: "JALISCO"

E-mail: jalisco121@hotmail.com

121-CLIFTON CENTRE,
BLOCK-5, MAIN CLIFTON ROAD,
KARACHI-75600 (PAKISTAN)

AUDITOR'S REPORT TO THE MEMBERS

We have audited the annexed Balance Sheet of **The Health Foundation ("the Company")** as at June 30, 2014 and the related Income and Expenditure Account, Statement of Comprehensive Income, Cash Flow Statement, and Statement of Changes in Fund together with the notes forming part thereof, for the year then ended and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of our audit;

It is the responsibility of the Company's management to establish and maintain a system of internal control, and prepare and present the above said statements in conformity with the approved accounting standards and the requirements of the Companies Ordinance, 1984. Our responsibility is to express an opinion on these statements based on our audit;

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies used and significant estimates made by management, as well as, evaluating the overall presentation of the above said statements. We believe that our audit provides a reasonable basis for our opinion and, after due verification, we report that:-

- a) in our opinion, proper books of accounts have been kept by the Company as required by the Companies Ordinance, 1984;
- b) in our opinion-
 - i) the Balance Sheet and Income and expenditure account together with the notes thereon have been drawn up in conformity with the Companies Ordinance, 1984, and are in agreement with the books of account and are further in accordance with accounting policies consistently applied;
 - ii) the expenditure incurred during the year was for the purpose of the Company's business; and
 - iii) the business conducted, investments made and the expenditure incurred during the year were in accordance with the objects of the Company;
- c) in our opinion and to the best of our information and according to the explanations given to us, the Balance Sheet, Income and Expenditure Account, Statement of Comprehensive Income, Cash Flow Statement and Statement of Changes in Fund together with the notes forming part thereof conform with approved accounting standards as applicable in Pakistan, and, give the information required by the Companies Ordinance, 1984, in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at June 30, 2014 and of the surplus, its comprehensive income, cash flows and changes in equity for the year then ended; and
- d) in our opinion no zakat was deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980).

Date:

Place: **KARACHI**

Jalis Ahmad & Co.

Chartered Accountants

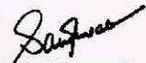
Engagement Person: Mr. Iqbal Yousuf FCA

THE HEALTH FOUNDATION

**BALANCE SHEET
AS AT JUNE 30, 2014**

	Note	2014 Rupees	2013 Rupees
ASSETS			
NON CURRENT ASSETS			
Property, plant and equipment	4	2,051,738	2,252,847
CURRENT ASSETS			
Stocks in hand	5	39,134,506	34,418,136
Receivable from G.A.V.I		-	344,706
Short term investment	6	10,323,616	10,000,000
Short term deposits and prepayments		40,000	40,000
Advance for expenses		40,800	-
Loans and advances to employees		27,600	32,450
Accrued profit on investment		24,777	257,484
Cash and bank balances	7	2,804,930	1,333,249
		<u>52,396,229</u>	<u>46,426,025</u>
		<u>54,447,967</u>	<u>48,678,872</u>
FUND AND LIABILITIES			
FUND			
Sponsor's fund		160,100	160,100
Accumulated surplus / (deficit)		15,113,599	13,288,520
		15,273,699	13,448,620
CURRENT LIABILITIES			
Liability against government grant	8	39,134,506	34,418,136
Trade and other payables		14,762	93,841
Accrued expense		25,000	718,275
		<u>39,174,268</u>	<u>35,230,252</u>
		<u>54,447,967</u>	<u>48,678,872</u>

The annexed notes form an integral part of these financial statements.


Chief Executive

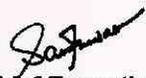

Director

THE HEALTH FOUNDATION

INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED JUNE 30, 2014

	Note	2014 Rupees	2013 Rupees
Income	9	58,391,011	22,728,747
Expenditure	10	(56,565,932)	(24,783,306)
Surplus / (deficit) for the year		1,825,079	(2,054,558)
Surplus brought forward		13,288,520	15,343,078
Accumulated surplus		15,113,599	13,288,520

The annexed notes form an integral part of these financial statements.

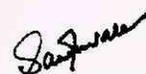

Chief Executive


Director

THE HEALTH FOUNDATION
STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED JUNE 30, 2014

	2014 Rupees	2013 Rupees
Surplus / (deficit) for the year	1,825,079	(2,054,558)
Other comprehensive income	-	-
Total comprehensive income	<u><u>1,825,079</u></u>	<u><u>(2,054,558)</u></u>

The annexed notes form an integral part of these financial statements.

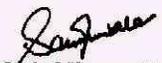

Chief Executive


Director

THE HEALTH FOUNDATION
CASH FLOW STATEMENT
FOR THE YEAR ENDED JUNE 30, 2014

	2014 Rupees	2013 Rupees
CASH FLOWS FROM OPERATING ACTIVITIES		
Surplus for the year	1,825,079	(2,054,558)
Adjustments		
Depreciation	367,785	360,956
	<u>367,785</u>	<u>360,956</u>
	2,192,864	(1,693,602)
Working capital changes		
(Increase) / decrease in current assets		
Receivables	344,706	(344,706)
Accrued profit on investment	232,707	279,429
Short term deposits and prepayments	4,850	(20,000)
Short term investment	(323,616)	1,000,000
Advance for expenses	(40,800)	-
	217,847	914,723
Increase / (decrease) in current liabilities		
Trade and other payables	(79,079)	(11,659)
Accrued expense	(693,275)	645,488
Advance for expenses	-	(1,563,978)
	<u>(772,354)</u>	<u>(930,149)</u>
Cash generated from operations	1,638,357	(1,709,028)
CASH FLOWS FROM INVESTING ACTIVITIES		
Fixed capital expenditure	(166,676)	(574,293)
Net cash generated from investing activities	(166,676)	(574,293)
CASH FLOWS FROM FINANCING ACTIVITIES		
Net cash used in financing activities	-	-
Net increase/(decrease) in cash and cash equivalent	1,471,681	(2,283,321)
Cash and cash equivalents at beginning of the period	1,333,249	3,616,570
Cash and cash equivalents at end of the period	<u>2,804,930</u>	<u>1,333,249</u>
Cash and cash equivalents		
Cash and bank balances	<u>2,804,930</u>	<u>1,333,249</u>

The annexed notes form an integral part of these financial statements.

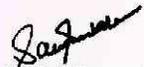

Chief Executive


Director

THE HEALTH FOUNDATION
STATEMENT OF CHANGES IN FUND
FOR THE YEAR ENDED JUNE 30, 2014

	Sponsors fund Rupees	Surplus/ (Deficit) Rupees	Net fund balance Rupees
Balance as at June 30, 2012	160,100	15,343,078	15,503,178
(Deficit) for the year	-	(2,054,558)	(2,054,558)
Balance as at June 30, 2013	160,100	13,288,520	13,448,620
Surplus for the year	-	1,825,079	1,825,079
Balance as at June 30, 2014	160,100	15,113,599	15,273,699

The annexed notes form an integral part of these financial statements.


Chief Executive


Director

THE HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2014

1 Legal status and nature of business

The Health Foundation incorporated in Pakistan vide company registration No. 0062669 dated August 24, 2007 as a company limited by guarantee not having share capital - established under a license from Securities and Exchange Commission of Pakistan (SECP) under Section 42 of the Companies Ordinance, 1984 and is domiciled in the province of Sindh. The company is formed with the primary object to develop, establish, setup, maintain, operate, administrator and run clinics, hospital, health center for creating awareness about prevention and treatment of all kind of infectious diseases like acquired immune deficiency syndrome (AIDS), hepatitis, typhoid and tuberculoses and assisting in diagnosing of and providing medicines for the treatment of these diseases. The registered office is situated at B-18, S.I.T.E. Mangopir Road, Karachi.

2 Statement of compliance

These financial statements have been prepared in accordance with approved accounting standards, as applicable in Pakistan. Approved accounting standards comprise of Accounting and Financial Reporting Standard for Small-Sized Entities (SSEs) issued by the Institute of Chartered Accountants of Pakistan and provisions of and directives issued under the Companies Ordinance, 1984. In case the requirements differ, the provisions or directives of the Companies Ordinance, 1984 shall prevail.

3 Significant accounting policies

3.1 Accounting convention

These financial statements have been prepared under the historical cost convention except as other wise stated in the respective policies and notes given hereunder.

3.2 Use of critical accounting estimates and judgments

The preparation of financial statements in conformity with approved accounting standards requires the use of certain critical accounting estimates. It also requires management to exercise its judgment in the process of applying the companies accounting policies. Estimates and judgments are continually evaluated and are based on historical experience, including expectations of future events that are believed to be reasonable under the circumstances. The areas involving a higher degree of judgments or complexity or areas where assumptions and estimates are significant to the financial statements are as follows:

- a) Accrued liabilities
- b) Impairments of, doubtful trade debts, capital work in progress
- c) Useful life of operating fixed assets, intangible assets.
- d) Estimates of impairments and recoverable amounts of assets

3.3 Taxation

The foundation is exempt from tax under section 2(36) of the Income tax Ordinance 2001, as it is approved from Commissioner Inland Revenue as non profit organisation.

THE HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED JUNE 30, 2014

3.4 Tangible fixed assets and depreciation

a) Owned assets

Tangible property plant & equipment are stated at cost less accumulated depreciation or impairment, if any, except for land and capital work in progress which are stated at cost.

Normal repairs and maintenance are charged to income as and when incurred. Major renewals and improvements are capitalized.

b) Depreciation and amortization

Depreciation is charged to income applying the reducing balance method. Depreciation on additions to property, plant and equipment is charged from the month an item is acquired or capitalized while no depreciation is charged or for the month in which the item is disposed off. The residual values and useful lives are reviewed and adjusted, if appropriate, at each balance sheet date.

c) Impairment of assets

The company assesses at each balance sheet date whether there is any indication that a fixed asset may be impaired except for assets in bond. If such indication exists, the carrying amounts of such assets are reviewed to assess whether they are recorded in excess of their recoverable amount. Where carrying amounts exceed the estimated recoverable amount, assets are written down to the recoverable amount.

d) Gain or loss on disposal

Gain or loss on disposal of assets, if any, is included in income currently.

3.5 Trade and other debts

Trade and other debts are stated at original invoice amount as reduced by appropriate provision for debts considered doubtful. Debts considered irrecoverable are written off and provision is made against those considered doubtful of recovery.

3.6 Trade and other payables

Liabilities for trade and other amounts payable are stated at cost which is the fair value of the consideration to be paid in future for goods and services.

3.7 Advances, deposits, prepayments and other receivable

Advances and others receivable are stated at cost.

3.8 Provisions

Provision are recognized when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation, and a reliable estimate of the amount can be made.

THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2014

3.9 Revenue Recognition

Revenue is measured at the fair value of the consideration received or receivable. All other income are recorded as and when accrued. Income on investment and return on deposits are recognized on time proportionate basis by reference to the principal outstanding and the applicable rate of return.

3.10 Recognition of Grants

A grant including non-monetary grants at fair value should recognize when the conditions for its receipt have been complied with and there is reasonable assurance that the grant will be received.

3.11 Cash and cash equivalents

Cash and cash equivalents are carried in the balance sheet at cost. For the purpose of cash flow statement cash and cash equivalents comprise cash in hand, Cheque in transit, cash at banks and running finance under markup arrangements. In the balance sheet, running finances under markup arrangements are included in current liabilities.

THE HEALTH FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2014**

4 PROPERTY, PLANT AND EQUIPMENT

	TANGIBLE					Total Rupees
	Office equipment	Furniture & Fixtures	Computer equipment	Vehicles	Container	
	Owned Rupees	Owned Rupees	Owned Rupees	Owned Rupees	Owned Rupees	
At July 01, 2013						
Cost	486,404	173,240	299,870	1,492,000	900,000	3,351,514
Accumulated depreciation	57,835	3,998	134,415	577,982	324,437	1,098,667
Net book amount	428,569	169,242	165,455	914,018	575,563	2,252,847
Year ended June 30, 2014						
Opening net book amount	428,569	169,242	165,455	914,018	575,563	2,252,847
Additions	12,200	51,600	102,876	-	-	166,676
Disposals	-	-	-	-	-	-
Depreciation charge	(43,975)	(18,714)	(64,736)	(182,804)	(57,556)	(367,785)
Closing net book amount	396,794	202,128	203,595	731,214	518,007	2,051,738
At June 30, 2014						
Cost	498,604	224,840	402,746	1,492,000	900,000	3,518,190
Accumulated depreciation	101,810	22,712	199,151	760,786	381,993	1,466,452
Net book amount	396,794	202,128	203,595	731,214	518,007	2,051,738
At July 01, 2012						
Cost	152,601	-	232,620	1,492,000	900,000	2,777,221
Accumulated depreciation	37,727	-	90,021	349,477	260,486	737,711
Net book amount	114,874	-	142,599	1,142,523	639,514	2,039,510
Year ended June 30, 2013						
Opening net book amount	114,874	-	142,599	1,142,523	639,514	2,039,510
Additions	333,803	173,240	67,250	-	-	574,293
Disposals	-	-	-	-	-	-
Depreciation charge	(20,108)	(3,998)	(44,394)	(228,505)	(63,951)	(360,956)
Closing net book amount	428,569	169,242	165,455	914,018	575,563	2,252,847
Depreciation rate	10%	10%	30%	20%	10%	

THE HEALTH FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2014**

	Note	2014 Rupees	2013 Rupees
5 STOCK			
Stock in hand		39,943,227	38,966,136
Less: Obsolete expired stock write off	5.1	808,721	4,548,000
		<u>39,134,506</u>	<u>34,418,136</u>
5.1 This represents the medicines which expired during the year.			
6 INVESTMENT HELD TO MATURITY			
	6.1	<u>10,323,616</u>	<u>10,000,000</u>
6.1 This represent investment in Term Deposit Receipts of Meezan Bank Limited. The expected rate of profit is 6.49% per annum. The investment will mature on 19.12.2014.			
7 CASH AND BANK BALANCE			
United Bank Limited -current account		2,176,851	614,917
Meezan Bank Limited -savings account		618,079	708,332
Cash in hand		10,000	10,000
		<u>2,804,930</u>	<u>1,333,249</u>
8 GOVERNMENT GRANT			
Chief Minister's Hepatitis control sentinel would act as the public sector health facility where Hepatitis B/C cases would be identified and enrolled. The program would provide all doses of hepatitis B vaccine along with syringes for the project to The Health Foundation. All the management cost and materials would be provided by The Health Foundation. Total stock received from Government during the year amounted to Rs. 49,629,360 out of which stock amounting to Rs. 44,104,269 was utilized and remaining stock is in the companies possession.			
9 INCOME			
Donation		9,229,055	1,018,000
Government grant		44,104,269	12,864,864
Profit on investment		511,962	958,231
Zakat		1,664,398	3,702,385
Gavi Project grant		2,881,327	2,964,179
Hep free community project		-	1,221,088
		<u>58,391,011</u>	<u>22,728,747</u>

THE HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2014

	Note	2014 Rupees	2013 Rupees
10 EXPENDITURE			
Salaries		3,753,118	2,710,248
Traveling		86,665	22,262
Vehicle running		51,864	118,185
Conveyance allowance		48,586	35,150
Hepatitis B expenses		44,104,269	12,864,864
Hep free community project		1,660,659	2,123,056
Printing & Stationary		99,487	21,178
Advertisement		35,000	698,068
Legal and professional charges		28,248	9,000
Insurance Expense		52,216	-
Auditor's remuneration		25,000	25,000
Utility expense		302,305	82,582
Telephone/internet expense		120,240	12,850
Treatment expense		168,600	119,811
Sharp waste management expense		1,500	120,144
Miscellaneous		152,762	99,612
Bank charges		39,790	49,010
Meeting & conferences		26,349	119,640
Communication		52,340	43,170
Depreciation	4	367,786	360,956
Gavi project	10.1	4,034,498	2,972,583
Administration charges - THF		207,372	1,904,501
Office rent		190,500	90,000
Medicine and vaccination	10.2	20,533	81,436
Malir project expense		936,245	100,000
		56,565,932	24,783,306
10.1 GAVI PROJECT EXPENSES			
Staff cost		778,414	675,673
Program cost		1,681,125	1,384,442
Human resources		1,457,847	688,001
Administration cost		117,112	224,467
		4,034,498	2,972,583

THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2014

	Note	2014 Rupees	2013 Rupees
10.2 MEDICINE AND VACCINATION EXPENSE			
Medicine & vaccination expense	10.2.1	20,533	81,436
		<u>20,533</u>	<u>81,436</u>

10.2.1 These medicines are purchased by the foundation to meet the requirements.

11 GENERAL

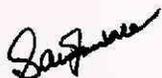
Previous figures have been rearranged where necessary for the purpose of comparison but not materially reclassified.

12 DATE OF AUTHORIZATION

These financial statements have been authorized by board of directors on _____.

13 LEVEL OF PRECISION

Figures have been rounded off to the nearest rupee.


Chief Executive




Director

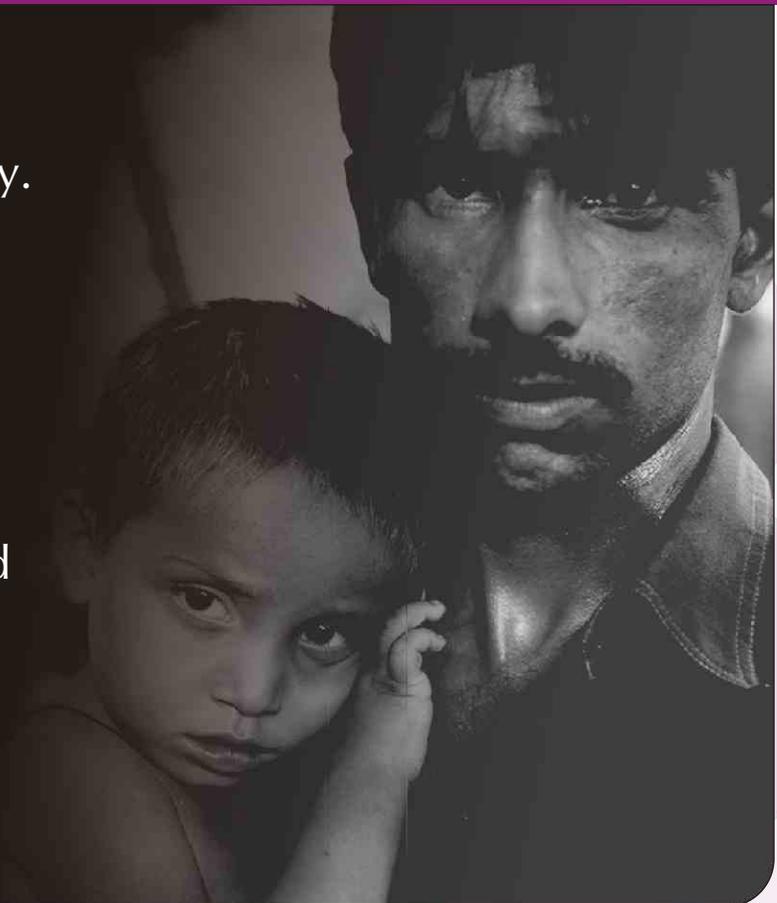
APPEAL FOR DONATION

- ◆ Saving one person from Hepatitis inflicted death is akin to saving entire humanity.
- ◆ Your donation of Rupees 50,000/- can fund treatment of one Hepatitis B or Hepatitis C patient.

LET'S MAKE PAKISTAN HEPATITIS FREE

Fight Hepatitis Save Pakistan

- ◆ Ahmed is the sole provider for his family. Help Ahmed to continue providing for them.
- ◆ Your "Support" will help treat Ahmed and many "**Hepatitis**" patients like him "**Free of Coast**"



ہیپاٹائٹس بی اور سی سے بچاؤ



ہیپاٹائٹس بی کا حفاظتی ٹیکا موجود ہے۔

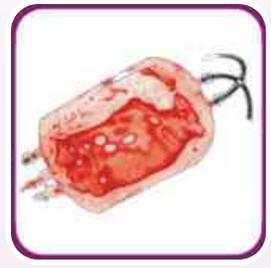
جو کہ 2003 سے پاکستان میں

پیدا ہونے والے ہرنوزائیدہ

بچے کو دیگر حفاظتی ٹیکوں کے ساتھ لگایا جا رہا ہے۔

- غیر ضروری ٹیکے، ڈرپ اور خون سے بچیں۔
- ہمیشہ نئی سیرل بند سوئی کا استعمال کریں۔
- سوئی کو استعمال کے بعد اپنے سامنے کٹوا دیں۔
- صرف تصدیق شدہ خون لگوائیں۔
- استعمال شدہ بلیڈ سے بچیں۔

ہیپاٹائٹس بی اور سی کیسے پھیلتا ہے؟



• آلودہ غیر معیاری سرنجوں یا دیگر
طبی آلات سے۔

- ایک ہی سوئی کئی افراد کو لگانے سے۔
- پیدا ہونے والے بچے کو ہیپاٹائٹس بی
متاثرہ ماں سے۔
- متاثرہ خون سے۔



Designed by: Bilal-A-Samad Contact: +92-324-2229391

LET'S JOIN HANDS TO MAKE PAKISTAN HEPATITIS FREE

"Help us Help you !!!"



**THE
HEALTH
FOUNDATION**

Striving For A Healthier Pakistan

Contact Details:

Office No. 2, 10th Floor Jason Trade Center,
Main Shahra-e-Faisal, Karachi. Tel: 92(21) 34320017-18
Email: info@thehealthfoundation.org
Web: www.thehealthfoundation.org
www.facebook.com/THFPK

For Donations:

Bank Account No.: 010-5893-2
Title of Account: The Health Foundation
Name of Bank: UBL S.I.T.E. Branch Karachi.
(All donations are Tax Exempted)