



THE
HEALTH
FOUNDATION

Awareness
Prevention
Collaboration
Treatment



Annual Report
2012-13

Striving For A Healthier Pakistan

Prevention is better Than Cure

WHAT IS HEPATITIS?

- It is a type of liver disease
- Inflammation of the liver is called Hepatitis
- There are many types of Hepatitis out of which B and C are life threatening

HOW DOES HEPATITIS B AND C SPREAD

- Unscreened /Infected blood
- Contaminated syringes and other medical equipment
- Reuse of syringe, needles and other sharps
- From an infected Hep B positive mother to her newborn

PREVENTION FROM HEPATITIS B AND C

Hepatitis B vaccine is available in Pakistan since 2003 in the regular government EPI program and is given to all under 1 year infants as part of the Routine Immunization program.

Prevention from Hepatitis B and C can be ensured by:

- Avoiding unnecessary injections, drips and blood transfusions
- Always using sealed syringes and needles pack
- Destroying the needle after use or ensure that it is done
- Always obtaining screened blood for transfusion from reliable well know blood banks
- Using new razor blades/shaving sticks for shaving
- Avoiding tattooing
- Always using a new, unused needle for piercing your ears and nose



Chairman's Message

Mr. Saeed Allawala

It's both a privilege and a challenge chairing The Health Foundation (THF) in these times of health emergencies and crisis. I thank my fellow trustees, donors and supporters for the help that they have extended in our relentless war on Hepatitis.

It's a matter of deep concern that the extent of the problem remains very far from being mapped with any accuracy. Nevertheless, even as we attempt to do so, I am very mindful of the need to keep doing the very best that we can in taking preemptive action through the raising of awareness in the general public, and vaccinating as many people as possible against the scourge.

THF is focused on bringing together all public and private organizations working against Hepatitis with a view to centralizing data and learning from each other's experiences, as well as working in cohesion with the Public Sector Health Programs.

There are many islands of excellence that need to be connected for the attainment of critical mass. Once this is achieved the pace of progress in combating the disease will experience quantum gains, and that is the day that I look forward to.

No matter how insurmountable the odds might appear, it is human nature to rise to the occasion, and overcome, and prevail. We shall indeed prevail, and may Allah bless our efforts with success, Ameen.

Thank you.

Contents:

Overview

• What is The Health Foundation? _____	01
• Mission _____	01
• Foresight _____	01
• Strategic Parameters _____	02
• The Board Members _____	02
• Executive Committees _____	03
• Plan of Action _____	03

Programs- Key Area of Focus:

• Prevention - Vaccination _____	04-05
• Awareness _____	06-08
• Treatment _____	09
• Infection Prevention/Injection Safety _____	10
• New initiatives / Innovations _____	11-12
• Global, National & Provincial Partners _____	13
• Capacity building _____	14
• Endorsements _____	15
• Friends of THF – Thank you!!! _____	16

Financials / Audit Report _____	17-23
--	-------

OVERVIEW

What is THE Health Foundation?

The Health Foundation (THF) is a non-profit public service organization registered under section 42 of the Companies Ordinance 1984. THF is a group of likeminded individuals who are concerned about the general health of those people who subsist on a very limited income in Pakistan. This group is made up of successful entrepreneurs, experienced physicians of high repute, media and advertising personnel and those who have established a name for themselves in social work. Each of them brings social consciousness and a wealth of experience in their respective fields. By working together on the same platform, this Group ensures dynamism to the task at hand.

THF Initiative

The initial task THF has set is towards awareness, prevention, collaboration, treatment and management of Hepatitis in general public. Hepatitis is affecting millions of Pakistan's of all social strata; majority of them falling in the lower socio economic category. WHO has estimated that approximately 12 million people are suffering from Hepatitis in Pakistan out of which the prevalence of Hepatitis B ranges between 2.5% and that of Hepatitis C around 4.9% of the general population. Hepatitis A, B, C, D and E are the five types of Hepatitis out of these Hepatitis B and Hepatitis C have the highest mortality rate. Approximately four to five million people are suffering from Hepatitis B and about five to six million suffer from Hepatitis C. Since the best offense is the best defense, awareness, protection, prevention and implementation is a crucial aspect of this educational effort. Side by side with awareness, treatment of those who suffer from consequences of chronic infection will be addressed.

Foresight

The Health Foundation aims to create awareness and promote management of various diseases in general public, with an initial focus on Hepatitis B and C. As the name implies, a healthy society is the over-arching goal of The Health Foundation. Health Education leading to awareness and desired behavior change which is expected to result in appropriate health seeking behaviors of the community is one of the key targets of the Foundation. The Health Foundation will provide support to those who need treatment but are too poor to fully bear its cost. Half of all available resources will be committed to the treatment of health related issues and the remaining half will be spent on preventive measures and to educate the public. Public awareness on Hepatitis B & C spread and prevention will result in public self-monitoring. It is also expected to have positive impact on the practices of various health care service providers

STRATEGIC PARAMETERS

Short Term Goals

The initial focus of The Health Foundation is on hepatitis B and hepatitis C. It has set for itself two immediate goals. The first is to educate the general public regarding the manifestations of hepatitis B and hepatitis C and their mode of acquisition and transmission.

The second goal is to provide financial support to those suffering from these infections but are unable to afford the expense for their treatment. This support will be in terms of medication supplied. Since there is a vaccine available for the protection against hepatitis B, THF will pursue an immunization program in this regard.

Long Term Goals

A measurable goal for the next five years is to bring about a 1% reduction in the incidence of hepatitis B and hepatitis C in Pakistan.

THF plans to create awareness about Hepatitis B and C so as to disseminate information to at least 50% of population in the target areas.

THF plans to immunize 0.2 million people against hepatitis B in the next five years.

Board Members

Dr. Arshad Kamal Butt
Dr. Huma Qureshi
Dr. Naseem Salahuddin
Dr. Saad Khalid Niaz
Dr. Suhail Nawab
Mr. Abdul Latif Sheikh

Mr. Rashid Abdullah
Mr. Saeed Allawala
Mr. Syed Masood Hashmi
Mr. Tariq Rafi
Ms. Gul e Rana Saeed
Ms. Qudsia Akber

Chairman

Mr. Saeed Allawala

Executive Director

Dr Laila Rizvi

Project Manager

Dr. Kashif Riaz

Executive Committee Members

Mr. Saeed Allawala

Dr. Saad Khalid Niaz

Dr. Huma Qureshi

Dr. Naseem Salahuddin

Ms. Qudsia Akber

Mr. Syed Masood Hashmi

The following sub committees have been formed to carry out the tasks assigned to them by the Executive Committee whose work is reviewed by the Board periodically.

Prevention Committee (Chaired by Dr. Naseem Salahuddin)

Treatment Committee (Chaired by Dr. Saad Khalid Niaz)

Fund Raising Committee (Chaired by Ms. Qudsia Akber)

Research Committee (Chaired by Dr. Huma Qureshi)

Awareness Committee (Focal points : Dr. Laila Rizvi/Dr. Kashif Riaz)

PLAN OF ACTION

As good health for all being its predominant goal, The Health Foundation will adopt and focus on critical health issues that emerge over time. The Foundation will put in all efforts to bring together all public/private organizations working against Hepatitis resulting in centralizing data learning from each other's experiences. Working in cohesion with the Public Sector Health Programs THF aims to create synergy in providing awareness to all and requisite treatment to the most vulnerable and needy population in the selected areas.

PROGRAMS- KEY AREA OF FOCUS

PREVENTION- Vaccination

HFCP - The Hepatitis Free Community Project, Korangi was initiated in Oct 2011 as a pilot project and entails catch up Vaccination program of school going children between 5-15 years as well as supporting social mobilization and awareness programs for Hep B/C. Initial geographical focus is Korangi town of Karachi.

To achieve our target, a need was felt to reinforce/focus on community vaccination along with the ongoing school/madrassas based vaccination program. This entails effective partnership and synergy of the project vaccination team with the Town Health Office (THO) at policy and planning stage, and local Lady Health Worker program (LHW's) from each UC at the implementation stage.

An official MOU with the LHW program of Korangi has been successfully signed. Micro plans developed on agreed formats and implementation initiated in March 2013 To date more than 205,427 children of 5 to 15 years of age has been vaccinated for Hepatitis B . These children have been from various private, government school systems and destitute communities.



THF Target (School + Community)	1st Dose	2nd Dose	3rd Dose (ongoing)
28, 922	27,649 (96%)	26,260 (91%)	19,427 (67%)

Corporate / Other Vaccination

Name of corporation / other	Doses given		
	1st	2nd	3rd
Mobile Bus School	365	261	*
National Food (Port Qasim)	650	520	470
National Food (Site)	350	350	270
DEAF school	81 + 12 (adults)	79 + 9 (adults)	*
DMS school	111	111	111
Liberty Mills	1418	1418	1418
P&G – Head Office	57	*	*
Artistic Mills (MoU with HANDS)	152	*	*
TOTAL	1667	1219	2269

*Due

As of present data 5061 staff members of various corporations have been vaccinated against Hepatitis B through THF vaccination teams.

High Risk Group Vaccination

A key area neglected till date was vaccination of our HCPs who are at highest risk for Hep. B & C. Vaccination has been initiated at our partner Health care facilities

Hospital	Doses given
Patel Hospital	439
HANDS (LHVs and Vaccinators)	25



AWARENESS

Relevant IEC Print material has been developed and distributed to the beneficiaries of various communities. The printed leaflets contain information regarding modes of spread of hepatitis B and C and prevention measures which need to be adopted. Pictorial presentation of the messages is available to reach a wide range of our target audiences.

TVC developed and is being run on local cable in selected target areas

Social Mobilization:

- Stall at IoBM Health Mela for sensitizing students and their parents
- Promotional IEC material display at OAKS annual fundraiser
- Focus sessions with target HCP (Major hospital e.g. Chiniot) / social groups (Behbud, OAKS), clubs (Rotary), LHV/ Vaccinators (HANDS)

Multiple awareness raising/ sensitization sessions also given at:

- National Foods
- Liberty Mills
- P&G
- K&N foods
- OAKS (Old Associates of Kinnaird Students)
- HANDS field office staff
- Behbud Association, Karachi
- Artistic mills
- Rotary clubs
- Hospitals (Chiniot, Patel)
- KIRAN school, peer educators
- Deaf school



AWARENESS

Special IPC sessions with the following target groups

- Students
- Teachers
- Parents
- Beauticians
- Doctors
- General community (linked to LHW)

Focus groups comprised of 25-30 people/group. All sessions were followed by Q & A sessions to ensure that key messages have been well understood by the participants



Focus Groups - sessions and persons reached- (June 2012 – July 13)												
Assigned Teams *	Students		Teachers		Parents		Dentists		Parlors		Community	
	Session	Persons	Session	Persons	Session	Persons	Session	Persons	Session	Persons	Session	Persons
Team 1	7	237	7	32	0	0	0	0	9	9	5	35
Team 2	8	174	8	18	0	0	0	0	0	0	3	21
Team 3	9	217	9	24	0	0	0	0	0	0	2	102
Team 4	9	308	9	35	0	0	0	0	0	0	7	49
Team 5	9	208	9	23	0	0	0	0	0	0	4	28
Dr Kashif	48	1196	6	45	6	248	2	2	11	11	6	215
Total	90	2340	48	177	6	248	2	2	20	20	27	450

* Teams started BCC/IPC activities from March 2013 after training



WORLD HEPATITIS DAY

WHD - Every year 28th July is celebrated as the World Hepatitis Day. This day has also been endorsed by World Hepatitis Alliance (WHA) and is celebrated annually around the globe. The Health Foundation is a proud member of the WHA, who set out for a world record to perform the re-enactment of the famous saying, 'See no evil, hear no evil, speak no evil. This theme was used to create awareness about Hepatitis B and C.

For the re-enactment of the famous saying THF planned and conducted an awareness sessions at BHU (UC 5) in Korangi Town. This session was attended by 81 people from the community. They were made aware about the mode of transfer of disease and how they can protect themselves from Hepatitis B and C. After the session the "See no evil, hear no evil, speak no evil" was re-enacted by all the 81 attendees; followed by a small walk by all the participants enforcing the recognition of the importance of the World Hepatitis Day and to bring about a change within the community.

Screening & Awareness Camp at Patel Hospital

A second activity to mark WHD was conducted at Patel hospital. Here staff including Medic, Para medic's staff (doctors, nurses) and the visitors were screened for Hepatitis B and C free of cost. A small awareness video was also being run at the waiting area which was well appreciated by all the visitors.



TREATMENT

The modus operandi of the program is that the needy patients register themselves at the JPMC (PMRC). They are given 12 injections of interferon per month and 9 packs of ribavarin capsules per month in case of Hepatitis C. As of 2012 THF has also started dispensing treatment for Hepatitis B positives patients in collaboration with CM Hepatitis Control Program. Hepatitis B patients are being dispensed oral anti-virals at the PMRC outlet only. Our Once on the treatment THF ensures to retrieve SVR (sustained viral response) for Hepatitis C patients.

To facilitate treatment access to patients 3 outlets are currently being operated one at JPMC (PMRC) , one at Indus hospital and one at THF head office.

To date 1305 patients for Hepatitis C and 209 patients for Hepatitis B have been registered with THF's treatment program.

(Total 1514 patients registered)

All treatment is Free of cost



Infection prevention/ Injection Safety

Innovative solution to Sharp Waste Management

The Health Foundation completed a pilot project in collaboration with World Health Organization (WHO), Pakistan Medical Research Council (PMRC) & Jinnah Postgraduate Medical Centre (JPMC) in 2012.

<http://www.emro.who.int/pak/pakistan-news/innovative-solution-for-sharp-waste-management-in-a-tertiary-care-hospital-karachi-pakistan-a-pilot-project.html>

After positive intervention and 6 month successful completion of this pilot it was replicated in one private health care facility in Korangi Town. Now the plan is to replicate and upscale this project in at least 30-35 local health care facilities. An initial KAP survey of the health care workers (HCW) in all the 10 UC's of Korangi Town has been conducted. After analysis tailored sensitization/awareness sessions will be held for these targeted HCP. Training on infection prevention and sharp waste management will be given to these selected HCP. This will be done in collaboration with WHO, Local Town Health Office (THO) Korangi and Pakistan Medical Association (PMA)

It is hoped that these selected HCF will be seen as model Infection free centers and a few can be upgraded to Hepatitis centers with linkages to and under guidance from our liver experts (Dr Saad Niaz and Dr Huma Qureshi).



NEW INITIATIVES/INNOVATIONS

✓ “Adopt a patient”

Initiated in June 2013 - Apart from the actual treatment, free transport to and from the hospital for checkups and cost of mandatory laboratory tests, will also be provided.

It has been seen in public health projects that when community needs are addressed and aligned with the purpose of activity, the response from the community is encouraging for further intervention. Keeping this in mind, rations are also being provided to these patients from time to time for better compliance. Families of these patients are also to be screened and provided support as and when required.

33 patients registered till date and treatment ongoing.

✓ Medical students as “agents of change”

THF in collaboration with PMA Sindh & GAVI has started an awareness campaign specifically for the medical students in Pakistan who are the future health care providers in the community. The basic goal of this campaign is to sensitize the medical students on the importance of vaccine preventable diseases and to try to inculcate the concept of “Prevention is better than Cure”. If we are successful in establishing a strong preventive health foundation in the health care system, hopefully the burden of communicable, vaccine preventable diseases will decrease considerably.

In phase 1, PMA has selected 10 medical colleges of Sindh where sensitization seminars are to be conducted. A group of 5-10 medical college students (community medicine) will be identified to form a “Friends of Immunization” team. The teams in each college will be expected to act as our advocates and facilitate in sensitizing other colleagues regularly. They will also ensure that Immunization is part of all their major seminars and other academic events held in their respective colleges. This advocacy group will be registered with the community department of their medical university. The faculty will endorse their work and certify this activity as their field work, which is basic requirement of community medicine enabling the students to appear in the final examination.

In phase 2, with the support of PMA the same concept is to be replicated in other provinces.



Global , National and Provincial partnerships

Global Partners

A.P.P.N.A (Assoc. of Physicians of Pakistani Descent of North America)
G.A.V.I Alliance (Global Alliance of Vaccination and Immunization)
U.N.I.C.E.F (United Nation International Children Educational Fund)
W.H.A (World Hepatitis Alliance)
W.H.O (World Health Organization)

National Partners

CSO Alliance (Civil Society Organization)
P.M.R.C (Pakistan Medical Research Council)

Provincial Partners

C.D.G.K (City District Government Karachi)
Chief Minister Hepatitis Control Program for Sindh
J.P.M.C (Jinnah Post Graduate Medical Center)
L.H.W Program (Lady Health Worker Program)
Other C.S.O's (C.H.E.A.F, HANDS)
P.M.A. Sindh (Pakistan Medical Association)
Private Sector Hospitals (Indus Hospital, Patel Hospital, Chinoit Hospital & Jinnah Medical & Dental Hospital)

CAPACITY BUILDING

Sustained Capacity building is a mandatory activity which is needed if quality and timely service is to be provided to the community. A detailed training plan has been developed to take care of this aspect. This includes center based as well as field based capacity development/hand holding of field vaccination staff as well as supervisory staff.

THF is one out of the 3 lead Facilitators for Pakistan CSO Coalition in “Media and Communication training”
Facilitator in pool of National trainers for “ Innovative solutions to Sharp Waste Management “

Topic	# of participants	Facilitator/s
Data entry	14- (field vaccinators)	Kulsoom
M & S	Field coordinator and head office staff	Dr Laila
Sharp waste management	4 staff members of selected Health center (paramedical)	Dr Kashif
IPC	Field vaccinators	Dr Kashif
Micro planning	14 (field vaccinators, area coordinator)	Dr Laila
Micro planning , M&S for LHW program	7 LHS	Dr Laila
Micro planning , data recording and analysis	Field staff	Dr Laila
Field survey	Field staff	Dr Kashif

9 trainings held in 2013



Endorsements



PURE FOOD JUST TASTES BETTER

August 28, 2013

TO WHOM IT MAY CONCERN

It has been my pleasure to collaborate with you on Vaccination programs at National Foods Limited; through your efforts we have mitigated the risk of Hepatitis disease throughout the Organization. I would like to appreciate the commendable hard work and efforts that **The Health Foundation** has put forward in creating awareness and providing preventive measures for the masses belonging to corporate sector.

Thank you for all of the work that you have done. We look forward to working with you in the upcoming Health programs at National Foods Limited.


ARIFULLAH SHAIKH
 HUMAN RESOURCE BUSINESS PARTNER

An ISO 9001 Certified Company

Regd. Off: 12/C1-A, Clarendon Road, Civil Lines, Karachi-75510
 Tel: 9221-3562687, 35670793, 35670646, 35670585 Fax: 9221-15684870
 Off: 21/B, The Forum 62-20, Block V, Durrani Avenue, Jami, Clifton, Karachi
 Tel: 9221-35621243-46 Fax: 9221-35621247
 Factory: F-1133, I-164-C, SITE, Korangi-75260
 Tel: 9221-35677707-10 Fax: 9221-35212217
 URL: www.nfoods.com



Procter & Gamble Pakistan (Pvt) Limited
 General Office
 12th Floor, The Harbour Front, Dostan City,
 H.C.3, Block-4, Marine Drive, Clifton,
 Karachi-75600, Pakistan,
 tel: +92 21 111 050 764
 fax: +92 21 33266160
 www.pg.com.pk

August 28, 2013



LETTER OF THANKS

This is to thank Dr. Laila Rizvi, Dr. Kashif Riaz, and The Health Foundation (THF) team for their generosity in collaborating with P&G Vibrant Living to administer over 50 free Hepatitis B vaccines at the P&G Pakistan General Office at The Harbor Front, Karachi.

We highly appreciate the cause and laud THF for their excellent work in this regard. We look forward to successfully collaborating with THF to complete the vaccination cycle.

Regards,

 Miss Ur Rehman
 Country HR Manager
 P&G Pakistan

Ph: 022-9260501 Fax: 022-9260502 E-mail: info@ppiusindh.org

**OFFICE OF THE PROVINCIAL COORDINATOR,
 NATIONAL PROGRAM FOR FAMILY PLANNING & PRIMARY HEALTH CARE,
 PROVINCIAL PROGRAM IMPLEMENTATION UNIT SINDH,
 BUNGALOW NO. A-6, UNIT NO: 03, LATIFABAD, HYDERABAD.**

No. NP/Estt-File: 4166/67 Dated: 3/9/2013

To,

Dr. Laila Rizvi
 Executive Director
 The Health Foundation (Pakistan)
 @ Karachi

It has been our pleasure to join hands and work in close coordination and collaboration with The Health Foundation for its ongoing "Community Vaccination" initiative in Korangi town of Karachi.

Along with providing catch up Hep. B vaccination to over 20,000 children of 5-15 years of age, The Health Foundation with active support of more than 150 Lady Health Workers, has acted as a catalyst to boost community awareness regarding Hepatitis B and C prevention. The reports being shared and the data being generated and validated shows very encouraging results.

The National Program for Family Planning and Primary Health Care, Sindh really appreciates the commitment and hard work of The Health Foundation team in its fight against the menace of Hepatitis.

We look forward to a continued and successful partnership with THF not only in Korangi town Karachi but throughout all the districts of Sindh.


 Provincial Coordinator
 National Program for FP & PHC
 PPIU Sindh @ Hyderabad
 Date

No.NP/ (Estt -File)/
 CC to :

- The Secretary Health, Health Department, Government of Sindh, Karachi
- The Director General, Health Services Sindh, Hyderabad
- Master File


 Provincial Coordinator
 National Program for FP & PHC
 PPIU Sindh @ Hyderabad

FRIENDS OF THF – THANK YOU !!

Bank Alfalah

Dr. Naseem Salahuddin & Dr. Iftikhar

Dr. Saad Khalid Naz

Dr. Seema Yazdani

Dr. Sohail Nawab

English Biscuits

Engro Foundation

Hilton Pharma

Indus Pencil Industries

Mr. Ahmed Tabba from Lucky Textile

Mr. Ahsan Salim

Mr. Akhtar Saeed

Mr. Ali Gheewala

Mr. Amjad Rajput

Mr. Anees Ahmed

Mr. Asad Umar

Mr. Danish Habib from HSM Packages

Mr. Iqbal Hasan from Tauheed Trust

Mr. Jalil ur Rehman

Mr. Khalid Chawala

Mr. Khalid Habib

Mr. Abdul Latif Skeikh

Mr. Mohd Parekh MCM Advertising

Mr. Naseem Allawala

Mr. Nasir Ahmed

Mr. Peer Muhammad Diwan

Mr. Pervaiz Ahmed

Mr. S M Salahuddin

Mr. Saeed Allawala

Mr. Sajid Ahmed Rashdi

Mr. Tariq Rafi

Mr. Zafar Sultan

Mr. Yahya Chawla

Mrs. Ahmed Ismail

Mrs. Asifa Anees

Mrs. Fareeda Kalim

Mrs. Naeema Malik

Mrs. Nasreen Jawaid

Mrs. Naushaba Khalil Sattar

Mrs. Usman Allawala

Ms. Naheed Sattar

Mrs. Zehra Rizvi

OAKS (Old Associates of Kinnaird Students)

Standard Chartered

FINANCIALS

- Auditors report
- Balance Sheet
- Notes to the accounts
- Income and Expenditure Account
- State of Comprehensive Income
- Cash Flow Statement
- Statement of Changes
- Notes to the Financial Statements

FINANCIALS



JALIS AHMAD & CO.

CHARTERED ACCOUNTANTS

PHONE: 35873934, 3537 41 25-26

Fax: (92-21) 35873891

Grams: "JALISCO"

E-mail: jalisco121@hotmail.com121-CLIFTON CENTRE,
BLOCK-5, MAIN CLIFTON ROAD,
KARACHI-75600 (PAKISTAN)**AUDITOR'S REPORT TO THE MEMBERS**

We have audited the annexed Balance Sheet of **The Health Foundation ("the Company")** as at June 30, 2013 and the related Income and Expenditure Account, Statement of Comprehensive Income, Cash Flow Statement, and Statement of Changes in Fund together with the notes forming part thereof, for the year then ended and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of our audit;

It is the responsibility of the Company's management to establish and maintain a system of internal control, and prepare and present the above said statements in conformity with the approved accounting standards and the requirements of the Companies Ordinance, 1984. Our responsibility is to express an opinion on these statements based on our audit;

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies used and significant estimates made by management, as well as, evaluating the overall presentation of the above said statements. We believe that our audit provides a reasonable basis for our opinion and, after due verification, we report that:-

- a) in our opinion, proper books of accounts have been kept by the Company as required by the Companies Ordinance, 1984;
- b) in our opinion-
 - i) the Balance Sheet and Income and expenditure account together with the notes thereon have been drawn up in conformity with the Companies Ordinance, 1984, and are in agreement with the books of account and are further in accordance with accounting policies consistently applied;
 - ii) the expenditure incurred during the year was for the purpose of the Company's business; and
 - iii) the business conducted, investments made and the expenditure incurred during the year were in accordance with the objects of the Company;
- c) in our opinion and to the best of our information and according to the explanations given to us, the Balance Sheet, Income and Expenditure Account, Statement of Comprehensive Income, Cash Flow Statement and Statement of Changes in Fund together with the notes forming part thereof conform with approved accounting standards as applicable in Pakistan, and, give the information required by the Companies Ordinance, 1984, in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at June 30, 2013 and of the surplus, its comprehensive income, cash flows and changes in equity for the year then ended; and
- d) in our opinion no zakat was deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980).

Date: **23 AUG 2013**Place: **KARACHI****Jalis Ahmad & Co.**

Chartered Accountants

Engagement Person: Mr. Iqbal Yousuf FCA

THE HEALTH FOUNDATION**BALANCE SHEET
AS AT JUNE 30, 2013**

Note	2013 Rupees	2012 Rupees		
ASSETS				
NON CURRENT ASSETS				
	Property, plant and equipment	4	2,252,847	2,039,510
CURRENT ASSETS				
	Stocks in hand	5	34,418,136	41,377,870
	Receivable from G.A.V.I		344,706	-
	Short term investment	6	10,000,000	11,000,000
	Short term deposits and prepayments		40,000	20,000
	Loans and advances to employees		31,450	26,500
	Accrued profit on investment		257,484	542,863
	Cash and bank balances	7	1,333,249	3,616,570
			46,425,025	56,583,803
			48,677,872	58,623,313
FUND AND LIABILITIES				
FUND				
	Sponsor's fund		160,100	160,100
	Accumulated surplus/ (deficit)		13,288,520	15,343,078
			13,448,620	15,503,178
CURRENT LIABILITIES				
	Liability against government grant	8	34,418,136	41,377,870
	Trade and other payables		93,841	105,500
	Accrued expense		717,275	72,787
	Advance for expenses		-	1,563,978
			35,229,252	43,120,135
			48,677,872	58,623,313

The annexed notes form an integral part of these financial statements.

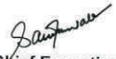

 Chief Executive


 Director


THE HEALTH FOUNDATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED JUNE 30, 2013

	Note	2013 Rupees	2012 Rupees
Income	9	22,729,747	44,044,032
Expenditure	10	(24,784,306)	(45,289,270)
Deficit for the year		(2,054,558)	(1,245,238)
Surplus brought forward		15,343,078	16,588,316
Accumulated surplus		<u>13,288,520</u>	<u>15,343,078</u>

The annexed notes form an integral part of these financial statements.


Chief Executive

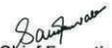



Director

THE HEALTH FOUNDATION
STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED JUNE 30, 2013

	2013 Rupees	2012 Rupees
Surplus/ (deficit) for the year	(2,054,558)	(1,245,238)
Other comprehensive income	-	-
Total comprehensive income	<u>(2,054,558)</u>	<u>(1,245,238)</u>

The annexed notes form an integral part of these financial statements.


Chief Executive

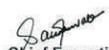



Director

THE HEALTH FOUNDATION
CASH FLOW STATEMENT
FOR THE YEAR ENDED JUNE 30, 2013

	2013 Rupees	2012 Rupees
CASH FLOWS FROM OPERATING ACTIVITIES		
Surplus for the year	(2,054,558)	(1,245,238)
Adjustments		
Depreciation	<u>360,956</u>	<u>362,166</u>
	360,956	362,166
	<u>(1,693,602)</u>	<u>(883,072)</u>
Working capital changes		
(Increase) / decrease in current assets		
Receivables	<u>(344,706)</u>	179,542
Accrued profit on investment	285,379	-
Short term deposits and prepayments	(20,000)	-
Short term investment	<u>1,000,000</u>	<u>(11,000,000)</u>
	920,673	(10,820,458)
Increase / (decrease) in current liabilities		
Trade and other payables	<u>(11,659)</u>	(92,840)
Accrued expense	644,488	(45,489)
Loans and advances	(4,950)	(26,500)
Advance for expenses	<u>(1,563,978)</u>	<u>1,021,115</u>
	<u>(936,099)</u>	<u>856,287</u>
Cash generated from operations	<u>(1,709,028)</u>	<u>(10,847,243)</u>
CASH FLOWS FROM INVESTING ACTIVITIES		
Property, plant & equipment	<u>(574,293)</u>	<u>(579,173)</u>
Net cash generated from investing activities	<u>(574,293)</u>	<u>(579,173)</u>
CASH FLOWS FROM FINANCING ACTIVITIES		
Net cash used in financing activities	-	-
Net increase/(decrease) in cash and cash equivalent	(2,283,321)	(11,426,416)
Cash and cash equivalents at beginning of the period	3,616,570	15,042,986
Cash and cash equivalents at end of the period	<u>1,333,249</u>	<u>3,616,570</u>
Cash and cash equivalents		
Cash and bank balances	<u>1,333,249</u>	<u>3,616,570</u>

The annexed notes form an integral part of these financial statements.


Chief Executive




Director

THE HEALTH FOUNDATION
STATEMENT OF CHANGES IN FUND
FOR THE YEAR ENDED JUNE 30, 2013

	Sponsors fund Rupees	Surplus/ (Deficit) Rupees	Net fund balance Rupees
Balance as at June 30, 2011	160,100	16,588,316	16,748,416
Surplus for the year	-	(1,245,238)	(1,245,238)
Balance as at June 30, 2012	<u>160,100</u>	<u>15,343,078</u>	<u>15,503,178</u>
Deficit for the year	-	(2,054,558)	(2,054,558)
Balance as at June 30, 2013	<u>160,100</u>	<u>13,288,520</u>	<u>13,448,620</u>

The annexed notes form an integral part of these financial statements.


Chief Executive




Director

THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

1 Legal status and nature of business

The Health Foundation incorporated in Pakistan vide company registration No. 0062669 dated August 24, 2007 as a company limited by guarantee not having share capital - established under a license from Securities and Exchange Commission of Pakistan (SECP) under Section 42 of the Companies Ordinance, 1984 and is domiciled in the province of Sindh. The company is formed with the primary object to develop, establish, setup, maintain, operate, administrator and run clinics, hospital, health center for creating awareness about prevention and treatment of all kind of infectious diseases like acquired immune deficiency syndrome (AIDS), hepatitis, typhoid and tuberculosis and assisting in diagnosing of and providing medicines for the treatment of these diseases. The registered office is situated at B-18, S.I.T.E. Mangopir Road, Karachi.

2 Statement of compliance

These financial statements have been prepared in accordance with approved accounting standards, as applicable in Pakistan. Approved accounting standards comprise of Accounting and Financial Reporting Standard for Small-Sized Entities (SSEs) issued by the Institute of Chartered Accountants of Pakistan and provisions of and directives issued under the Companies Ordinance, 1984. In case the requirements differ, the provisions or directives of the Companies Ordinance, 1984 shall prevail.

3 Significant accounting policies

3.1 Accounting convention

These financial statements have been prepared under the historical cost convention except as other wise stated in the respective policies and notes given hereunder.

3.2 Use of critical accounting estimates and judgments

The preparation of financial statements in conformity with approved accounting standards requires the use of certain critical accounting estimates. It also requires management to exercise its judgment in the process of applying the companies accounting policies. Estimates and judgments are continually evaluated and are based on historical experience, including expectations of future events that are believed to be reasonable under the circumstances. The areas involving a higher degree of judgments or complexity or areas where assumptions and estimates are significant to the financial statements are as follows:

- a) Accrued liabilities
- b) Impairments of, doubtful trade debts, capital work in progress
- c) Useful life of operating fixed assets, intangible assets.
- d) Estimates of impairments and recoverable amounts of assets

3.3 Taxation

The foundation is exempt from tax under section 2(36) of the Income tax Ordinance 2001, as it is approved from Commissioner Inland Revenue as non profit organisation.



THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

3.4 Tangible fixed assets and depreciation

a) Owned assets

Tangible property plant & equipment are stated at cost less accumulated depreciation or impairment, if any, except for land and capital work in progress which are stated at cost.

Normal repairs and maintenance are charged to income as and when incurred. Major renewals and improvements are capitalized.

b) Depreciation and amortization

Depreciation is charged to income applying the reducing balance method. Depreciation on additions to property, plant and equipment is charged from the month an item is acquired or capitalized while no depreciation is charged or for the month in which the item is disposed off. The residual values and useful lives are reviewed and adjusted, if appropriate, at each balance sheet date.

c) Impairment of assets

The company assesses at each balance sheet date whether there is any indication that a fixed asset may be impaired except for assets in bond. If such indication exists, the carrying amounts of such assets are reviewed to assess whether they are recorded in excess of their recoverable amount. Where carrying amounts exceed the estimated recoverable amount, assets are written down to the recoverable amount.

d) Gain or loss on disposal

Gain or loss on disposal of assets, if any, is included in income currently.

3.5 Trade and other debts

Trade and other debts are stated at original invoice amount as reduced by appropriate provision for debts considered doubtful. Debts considered irrecoverable are written off and provision is made against those considered doubtful of recovery.

3.6 Trade and other payables

Liabilities for trade and other amounts payable are stated at cost which is the fair value of the consideration to be paid in future for goods and services.

3.7 Advances, deposits, prepayments and other receivable

Advances and others receivable are stated at cost.

3.8 Provisions

Provision are recognized when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation, and a reliable estimate of the amount can be made.



THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

3.9 Revenue Recognition

Revenue is measured at the fair value of the consideration received or receivable. All other income are recorded as and when accrued. Income on investment and return on deposits are recognized on time proportionate basis by reference to the principal outstanding and the applicable rate of return.

3.10 Recognition of Grants

A grant including non-monetary grants at fair value should recognize when the conditions for its receipt have been complied with and there is reasonable assurance that the grant will be received.

3.11 Cash and cash equivalents

Cash and cash equivalents are carried in the balance sheet at cost. For the purpose of cash flow statement cash and cash equivalents comprise cash in hand, Cheque in transit, cash at banks and running finance under markup arrangements. In the balance sheet, running finances under markup arrangements are included in current liabilities.



THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

4 PROPERTY, PLANT AND EQUIPMENT

	TANGIBLE					Total Rupees
	Office equipment	Furniture & Fixtures	Computer equipment	Vehicles	Container	
	Owned Rupees	Owned Rupees	Owned Rupees	Owned Rupees	Owned Rupees	
At July 01, 2012						
Cost	152,601	-	232,620	1,492,000	900,000	2,777,221
Accumulated depreciation	37,727	-	90,021	349,477	260,486	737,711
Net book amount	114,874	-	142,599	1,142,523	639,514	2,039,510
Year ended June 30, 2013						
Opening net book amount	114,874	-	142,599	1,142,523	639,514	2,039,510
Additions	333,803	173,240	67,250	-	-	574,293
Disposals	-	-	-	-	-	-
Depreciation charge	(20,108)	(3,998)	(44,394)	(228,505)	(63,951)	(360,956)
Closing net book amount	428,569	169,242	165,455	914,018	575,563	2,252,847
At June 30, 2013						
Cost	486,404	173,240	299,870	1,492,000	900,000	3,351,514
Accumulated depreciation	57,835	3,998	134,415	577,982	324,437	1,098,667
Net book amount	428,569	169,242	165,455	914,018	575,563	2,252,847
At July 01, 2011						
Cost	152,601	-	120,620	1,190,000	900,000	2,363,221
Accumulated depreciation	24,963	-	49,855	428,400	37,500	540,718
Net book amount	127,638	-	70,765	761,600	862,500	1,822,503
Year ended June 30, 2012						
Opening net book amount	127,638	-	70,765	761,600	862,500	1,822,503
Additions	-	-	112,000	682,000	-	794,000
Disposals	-	-	-	(214,827)	-	(214,827)
Depreciation charge	(12,764)	-	(40,166)	(86,250)	(222,986)	(362,166)
Closing net book amount	114,874	-	142,599	1,142,523	639,514	2,039,510
Depreciation rate	10%	10%	30%	20%	10%	



THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

	2013	2012
Note	Rupees	Rupees
5 STOCK		
Stock in hand	38,966,136	-
Less: Obsolete expired stock write off	5.1 4,548,000	-
	<u>34,418,136</u>	<u>-</u>
5.1 This represents the medicines which have expired during the year.		
6 INVESTMENT HELD TO MATURITY		
	6.1 10,000,000	11,000,000
6.1 This represent Term Deposit Receipts for Meezan bank limited. The expected rate of profit is 6.49% per annum. The investment will mature on dated 19.09.2013.		
7 CASH AND BANK BALANCE		
United Bank Limited -current account	614,917	896,984
Meezan Bank Limited -savings account	708,332	2,709,586
Cash in hand	10,000	10,000
	<u>1,333,249</u>	<u>3,616,570</u>

8 GOVERNMENT GRANT
 CM's Hepatitis control sentinel would act as the public sector health facility where Hepatitis B/C cases would be identified and enrolled. The program would provide all doses of hepatitis B vaccine along with syringes for the project to The Health Foundation. All the management cost and materials would be provided by The Health Foundation. Total stock received from Government during the year amounted to rupees 51,831,000 out of which stock amounting to rupees 12,864,864 was issued and remaining stock is in the companies possession.

9 INCOME		
Donation	1,018,000	178,666
Government grant	12,864,864	37,240,530
Profit on investment	958,231	1,160,628
Zakat	3,703,385	745,000
Grant	2,964,179	2,419,208
Hep free community project	1,221,088	2,300,000
	<u>22,729,747</u>	<u>44,044,032</u>



THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

	2013	2012
Note	Rupees	Rupees
10 EXPENDITURE		
Salaries	1,804,728	1,338,700
Remuneration	906,520	-
Traveling	22,262	59,184
Vehicle running	118,185	285,929
Conveyance allowance	35,150	-
Hepatitis B expenses	12,864,864	37,240,530
Hep free community project	2,123,056	2,759,125
Printing	21,178	45,573
Advertisement	698,068	375,600
Legal and professional charges	9,000	6,000
Auditor's remuneration	25,000	20,000
Utility expense	82,582	-
Telephone/internet expense	12,850	-
Out of pocket	-	3,500
Entertainment expense	19,832	-
Treatment expense	119,811	-
Sharp waste management expense	120,144	-
Rashidabad project	-	34,700
Miscellaneous	99,612	26,105
Bank charges	10,297	1,145
With holding tax on profit & c/w	38,713	116,536
Meeting & conferences	119,640	110,377
Communication	43,170	19,500
Taxation expense	-	2,326
Depreciation	4 360,956	362,166
Gavi project	10.1 2,952,751	2,399,208
Administration charges - THF	1,904,501	-
Office rent	90,000	-
Staff training	-	20,000
Medicine and vaccination	10.2 81,436	63,065
Malir project expense	100,000	-
	<u>24,784,306</u>	<u>45,289,270</u>

10 GAVI PROJECT EXPENSES		
Staff cost	675,673	376,000
Over head	-	17,166
Program cost	1,364,610	1,563,504
Awareness program expenses	-	30,797
Human resources	688,001	345,400
Administration cost	224,467	66,341
	<u>2,952,751</u>	<u>2,399,208</u>



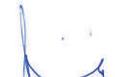
THE HEALTH FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED JUNE 30, 2013

	2013 Rupees	2012 Rupees
10 MEDICINE AND VACCINATION EXPENSE		
Gross: medicine & vaccination expense	81,436	340,175
Less :recovery against vaccination	-	(277,110)
Medicine and vaccination expense	<u>81,436</u>	<u>63,065</u>

11 DATE OF AUTHORIZATION
 These financial statements have been authorized by board of directors on 23 AUG 2013

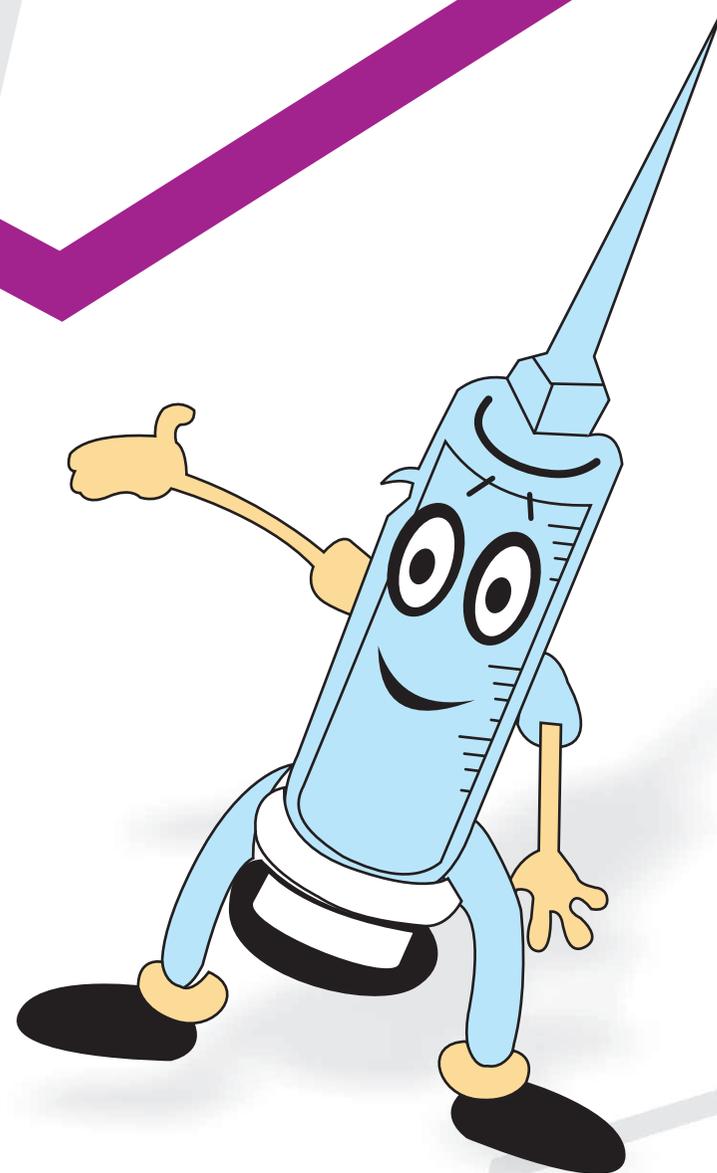
12 LEVEL OF PRECISION
 Figures have been rounded off to the nearest rupee.

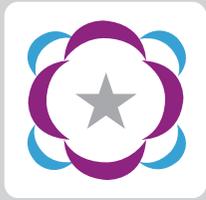

 Chief Executive


 Director



PROTECT
YOURSELF GET
VACCINATED
TODAY !!!





THE
HEALTH
FOUNDATION

Today, estimated every 10th Pakistani
is affected with Hepatitis B or C

LET'S JOIN HANDS
TO MAKE PAKISTAN HEPATITIS FREE

Contact Details:

Office No. 2, 10th Floor Jason Trade Center,
Main Shahra-e-Faisal, Karachi.
Tel: 92(21) 34320017-18
Email: info@thehealthfoundation.org
Web: www.thehealthfoundation.org
www.facebook.com/THFPK

Donation and Zakat Account Details:
Bank Account No.: 010-5893-2
Title of Account: The Health Foundation
Name of Bank: UBL S.I.T.E. Branch Karachi.
(All donations are Tax Exempted)

