

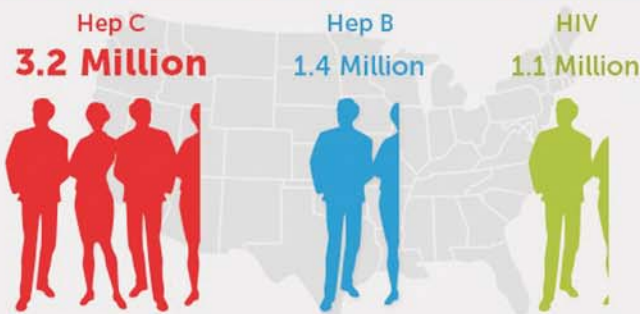


THE HEALTH FOUNDATION (THF) ON A MISSION FOR A "HEPATITIS FREE PAKISTAN." - UPDATE

LIVING AND DYING WITH HEPATITIS C

In the United States, more people are living with — and dying from — hepatitis C than from hepatitis B or HIV.

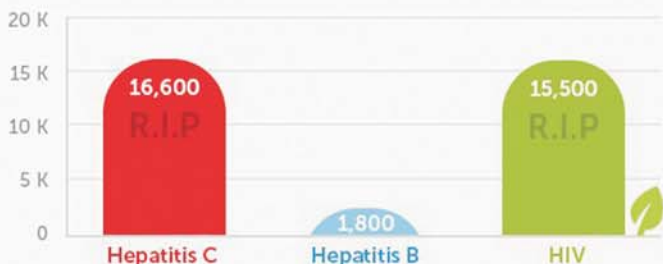
Americans With Hepatitis and HIV



New Infections Per Year



Deaths Per Year



Expansion of Hepatitis Free Community Project to Ghotki, Thar and Rashidabad:



The Health Foundation Pakistan recently adopted UC Reherki(Ghotki) and Thar Coal Block II (Islamkot, Tharparkar) as its new areas for replication of the Hepatitis Free Community Project.

The projects are being implemented as a joint-venture with Engro Foundation in Ghotki and with Sindh Engro Coal Mining Company in Tharparkar.

The projects entails catch up Hep B vaccination program of school children between the 5-15 years of age. It also supports social mobilization, awareness programs within communities & Free treatment for the poorest of poor.



A baseline household survey was done via Pakistan Medical Research Council (P.M.R.C) before the initiation of these projects. The Hepatitis B/C positive individuals, identified by the survey, have been adopted and enrolled by THF for free treatment. Follow-up via a specialist and cost of mandatory blood tests are also done by THF.

treating and managing

Identifying,



HEPATITIS

may not be easy.



But testing can be.

18 Jan 2016: Air Chief Marshal Mr. Sohail Aman inaugurated "The Health Foundation's" field office at Rashidabad.



The Health Foundation via this center will implement its Hepatitis Free Community Project Rashidabad in one union council that is UC DinghonaBozdar. The main focus will be working against Hepatitis B & Hepatitis C. Key components of the project will include Programs such as Mass Awareness, Catch up Hepatitis B Vaccination, free Hepatitis treatment for the poor and non-affording people along with Safe Sharp Waste Management intervention.

Board of Directors **The Health Foundation** – Mr. Saeed Allawala, Dr Huma Qureshi, Dr Saad Niaz, Dr Suhail Nawab, Dr Naseem Salahuddin and Dr Yahya Chawla along with Executive Director, Dr Laila Rizvi and Project Manager, Dr Kashif Riaz attended the ceremony.

Air Commodore Shabbir and Air commodore Ali were present on behalf of Rashidabad Memorial Welfare Organization

Safe Sharp Waste Management

After successful implementation at SGR and WAPDA Teaching hospitals, this intervention was also initiated at Ghurki Hospital, Lahore.

Lahore Hepatitis Free Community Project:

Lahore project, in collaboration with Ganga Ram Hospital, was initiated in 2015. Over 18,000 people have been given awareness regarding Hepatitis B & C via multiple community session so that they can be better equipped to fight and protect themselves against Hepatitis B & C. Hepatitis B vaccination activity has also been initiated in target schools.

In December 2015 a seminar on Hepatitis was also arranged by the Lahore Chapter and team at Royal Palm club. Local philanthropists, renowned people from the Health Sector as well as the media attended the seminar.



Hepatitis in the News-Highlights!

Number of hepatitis C cases rising in Pakistan, falling in other developing countries

KARACHI:

While the number of hepatitis C cases is reducing in other developing countries, healthcare providers say that contrary is the case in Pakistan.

Studies suggest that the prime factors that assist in the transmission of the HCV include unsafe blood transfusion, reuse of needles and syringes, unhygienic dental treatment and hospital environments. "There is no visible difference between the rural and urban areas," said Hamid, adding that recent studies show notable number of patients in parts of Karachi. "Almost 24 per cent of the population of areas, such as Malir and Landhi, have hepatitis C virus (HCV)."

more at:

<http://tribune.com.pk/story/777637/number-of-hepatitis-c-cases-rising-in-pakistan-falling-in-other-developing-countries/>

Worldwide prevalence of Hepatitis B & Hepatitis C



Can Hepatitis C be cured ?

By Stephanie Watson.

New drugs are making big improvements in the way you get treated for hepatitis C. More and more, the goal of a "cure" is now in reach. As treatments get better, nearly everyone with hep C may be able to look forward to a disease-free future.

In 2011, the FDA approved two new drugs: boceprevir (Victrelis) and telaprevir (Incivek). They stop the virus from making a copy of itself. Combining telaprevir or boceprevir with interferon and ribavirin pushed success rates as high as 70%.

more at :

<http://www.webmd.com/hepatitis/features/cure>

Treatment Choices for Hepatitis C

By Kelli Miller.

It's not often that doctors use terms like "revolutionary" and "groundbreaking" when they talk about medications. But that's exactly what they're doing -- and with much enthusiasm -- when they talk about today's treatments for Hep C.

"There is no question, we're amid a revolution in hepatitis C treatment," says William D. Carey, MD, a senior hepatologist at Cleveland Clinic in Ohio. "There is nothing in my 40 years of professional life that comes close to this."

more at :

<http://www.webmd.com/hepatitis/features/treatment-for-hep-c>

Adopt a patient – YOU need to act now and save a life!!!!

The Health Foundation facilitates Free treatment to non affording, poorest of the poor patients. Taking into account the massive number of patients versus the poor socioeconomic status, we all need to chip in to tackle this serious public health issue.

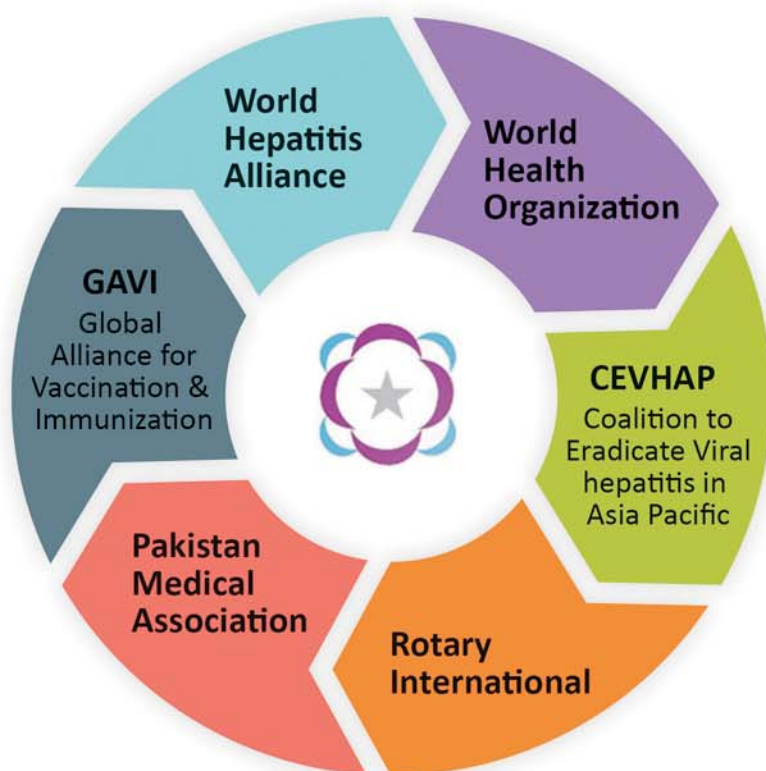
THF seeks support of socially responsible, humane individual to contribute in adopting patients for treatment. Your contribution will definitely go a long way in helping the suffering of the ones less fortunate than us.

Patients registered for free treatment till date:

Total	Hepatitis C patients	Hepatitis B patients
2785	2455	330

We cannot do it alone!

Strategic Alliances and Partnerships



Contact Details :

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www.thehealthfoundation.org
www.facebook.com/THFPK

For Donation :

Name of Bank: UBL SITE Branch, Karachi
Bank Account: 010-5893-2
Title of Account: The Health Foundation
(all donations are Tax Exempted)