



Mission:

"The Health Foundation aims to create awareness and promote management of various diseases in the general public with an initial focus on viral Hepatitis."

The initial focus of The Health Foundation is on Hepatitis B and C. It has set for itself two immediate goals. The first is to educate the public regarding the manifestations of Hepatitis B and C, their mode of acquisition and transmission. The second goal is to provide financial support in the form of treatment to those suffering from these infections but unable to afford the expense of their cure. This support will be in terms of medication supplied. Since there is a vaccine available against Hepatitis B, THF will pursue immunization in this regard.

World Hepatitis Day 28th July 2011:



The Health Foundation used this opportunity to raise awareness in the general public about the gravity of the disease and the need for collective effort to curb the menace. The avoidance of unnecessary and unsafe injections was also the focus of awareness messages.

- Awareness session for the general public in ARTSCOUNCIL along with screening of Hepatitis B and Hepatitis C was arranged to mark the day.
- Students from Children Education and Development Foundation supported the cause with their participation in a walk arranged by The Health Foundation.
- Geo News covered the walk as Media partner for the event, a 12 year old girl proudly told the Geo team that "This walk is against Hepatitis and today this walk is being held on the World Hepatitis Day to support our cause."

There is dire need for the media to give due importance to spread awareness about Hepatitis B and C through Public Service Message.



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WAKE UP CALL!!!!

The Health Foundation is on a mission to empower the general public with the knowledge to prevent Hepatitis B and C. Organizations and Institutes, Communities and Professionals all are being approached with the tool of awareness to equip them with necessary information to fight the disease. We would like to thank the management of the below mentioned organizations for investing time in the effort to raise awareness in their employees. Also we would like to extend our gratitude to Dr.Saad Khalid Niaz for taking out time for the awareness session at CBM.

Awareness sessions conducted at:

- CBM – 100 participants
- ARY Digital – 46 participants
- World Call – 279 participants
- ATCO Labs - 145 participants
- Engro Foundation ; Dharki - 50 participants



Alliances Partners

- Chief Ministers Hepatitis Control Program (CM Program)
- World Hepatitis Alliance (WHA)
- Global Alliance of Vaccination & Immunization (GAVI)
- Indus Hospital
- Jinnah Post Graduate Medical Center (JPMC)
- Pakistan Medical Research Council (PMRC)
- World Health Organization (WHO)
- Association of Physicians of Pakistani Descent of North America (APPNA)



Hepatitis Free Community Project

Goal:

To identify successful interventions for the control and prevention of Hepatitis B/C through a community project over a period of 5 year.

After the unsuccessful attempt by the government of Pakistan to control the high prevalence of Hepatitis B and C within the country, the think tank of our organization proposed to launch a community project for the control of Hepatitis B and C that can be replicated in the high prevalence communities of Pakistan. The project has three different setups to cater different communities within the country; urban, sub-urban and rural. After the initial implementation phase of the project THF envisions taking this project on to a national and finally to an international level, where other third world countries can adopt this project as model for their communities.

Activities	Outcomes
Mapping	Prevalence rate through screening
Meetings with Government and Local community stakeholders	Ensuring sustainability of the project
Household survey and KAP survey	Situation analysis of the Community
TV and Radio ad	Mass coverage
Hepatitis B vaccination	Saving 243000 children by giving life time immunity against Hepatitis B
Awareness for General public	Changing practices of the people
BCC sessions for eight groups service providers	Capacity Building
One model sharp waste facility	Introduce practicing of safe sharp waste management
Referral system for HBIG	Saving lives of 100% neonates to Hepatitis B positive mothers
Treatment of Hepatitis C patients	Covering 100% population eligible of Hepatitis C treatment
Referral system and treatment guidelines for GP to treat their Hepatitis B and C patients	100% increase in reporting of Hepatitis B and C positive patients
Formation and function of TCC (Town Coordination Committee)	One town coordinating committee developed for sustain ability of the project

Addressing the root cause: A tested and tried solution

Use of needle removers and dumping of used, destroyed needles in a sharp pit. What remains behind is a defanged syringe which can only be recycled after melting. What a simple solution!

PATH along with USAID and Bill and Melinda Gates Foundation conducted a pilot project in India, successfully scaling it up in the state of Andhra Pradesh. It is inexpensive and has worked on a large scale in India, Kenya, Vietnam, Senegal, Uganda e.t.c.

The Health Foundation took an initiative and took on board WHO, PMRC and JPMC to conduct a pilot in Jinnah Post Graduate Medical Center. A situation analysis has been completed followed by construction of a sharp pit and training of doctors and nurses from all 30 wards of JPMC. For the first time in the past 25 years, a training and awareness session was organized for the waste handlers of JPMC by THF, with an overwhelming turn over. The needle removers donated by WHO have been installed in all 30 wards. For the coming six months daily observation will be done to assess user safety and expediency of the intervention for the institute. A complete project report will be shared with stakeholders. Scaling up the use to a National level is also on the agenda if the project turns out to be a success.

THF is simultaneously going to introduce the intervention to a GP clinic in its project community.



Global Alliance for Vaccinations and Immunization (GAVI) CSO Alliance Project - Pakistan:

GAVI set out for a pilot project in 10 countries with the goal to strengthen the role and representation of CSO's in country level co ordination. Under the umbrella of the above stated project, The Health Foundation was selected as one of the 15 CSO's in Pakistan eligible for GAVI CSO funding. At the end of 2011 THF has successfully completed the project.

* Turn over for details of targets achieved.

Case Study

One morning THF Field Coordinator called saying that schools in Ibrahim Haidary are not responding to the consent forms for the vaccination activity, and one of the school has nil retrieval. This news was a sign of worry for everyone. So the THF team decided to visit the school to actually find the reasons of refusals in an area where Hepatitis B and C prevalence is high. To the teams' surprise, the administration was very keen for the activity but the parents were very reluctant and said "don't vaccinate our child". Among them was the area's Lady Health Worker. The team decided that there is a serious need to give an awareness session in this school to change the thought process of the parents. The session was a great success and big achievement for the team as it was able to motivate the parents for vaccinations. After the awareness talk queries from parents were answered by the team regarding the vaccine safety. At the end of the session almost 50 to 60 parents came forward and told the team they were not aware about the severity of the disease and they were mixing BCG vaccine with Hepatitis B vaccine. The mass turnover of parents for the session showed their interest in safe and healthy future of their child. The team got on spot 60 consent in yes for the Hepatitis B vaccination activity after the awareness session.

Helping out the needy:

More than 1385 patients have been supported with 72 injections of interferon 3 MIU and 32 packs of Ribavarin Capsules per patient through THFs outlets at Indus Hospital, PMRC, JPMC and SITE. Patients are provided treatment support along with awareness leaflets and counseling to prevent spread of the disease in the family.



Table showing Achievement versus Target: (GAVI) CSO Alliance Project for Vaccinations and Immunization *

Activities	Cumulative Target	Cumulative Achievement to date	Cumulative as % of total target
HB3 vaccination for children 5-15yrs age group	80,000	73,163	91.45%
HBsAg screenings of 10,000 pregnant females	10,000	10,069	101%
Immunoprophalaxis with administration of hepatitis b vaccine and immunoglobulin of infants born to HBsAg+ve females within 24 hrs of birth	Immunoprophalaxis Of all infants born to HBsAg -ve	104 of 127 births	82%
Awareness of 500 health practitioners and school teachers regarding safe injection practice	500	502	100.4%
Awareness of 500 targeted community school teachers about hepatitis	500	538	107.6%

Treatment Program:

No. of patients enrolled Jun 2007 to Nov 2011	No. of patients completed 6 months treatment Jun 2007 to Nov 2011	No. of dropout patients Jun 2007 to Nov 2011
1,415	1,049	197



Participation at different forums:

7th Health Asia Conference

The opportunity was used to spread awareness about Hepatitis B and C through audio visual aid and personal communication by the dedicated team of THF. The facility of screening for Hepatitis B and C was also made available to the visitors. The screening facility attracted a lot of general public to the stall.

CME at Dr.Essa Lab:

Dr. Huma Qureshi Executive Director of PMRC and Research Committee Head of THF delivered an informative lecture on the prevalence of Hepatitis B and C at the CME of organized at Dr. Essa Lab.

Hepatitis B vaccination and Awareness at Civic View apartments:

Door to door awareness along with distribution of 1818 leaflets was done as part of community mobilization. A total of 54 children were vaccinated during the activity.

DMS Ladies Forum: Screening and Awareness stall was set up by THF.



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